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**FOR IMMEDIATE RELEASE**

**PENINSULA HEALTH CARE DISTRICT INVESTS \$1.9 MILLION  
IN LOCAL HEALTH-FOCUSED ORGANIZATIONS THROUGH ANNUAL COMMUNITY GRANTS PROGRAM**

*PHCD has invested more than \$30 million in local organizations since 1996*

**BURLINGAME, CA, February 1, 2016:** The Peninsula Health Care District Board of Directors has awarded \$1.9 million to local health-focused organizations that address the health priorities of District residents. On January 28, 2016, at its regular Board meeting, the District distributed 30 grants through its Community Grants Program and honored a Community Health Leader and two Volunteers of the Year.

San Mateo County Supervisor Dave Pine was honored as a Community Health Leader for his commitment to the health needs of Peninsula residents, with a focus on health services and programs for children and families. He currently serves on many commissions and boards, including the Child Care Partnership Council, Children's Collaborative Action Team, Dental Coalition, Fatherhood Collaborative, First 5 Commission, and the Mental Health Board. He is a supporter and an advocate for PHCD's strategic priorities and projects.

Sherry Rayner, Pathways Home and Hospice Care, and Gerald "Jerry" Saliman, M.D., Samaritan House San Mateo Free Clinic, were recognized as Volunteers of the Year. Ms. Rayner has been a Pathways hospice volunteer for more than 20 years. In her most recent role, she has served on the kids' team and has provided emotional support to children receiving hospice care, their siblings, and family members. Dr. Saliman has volunteered at Samaritan House's San Mateo Free Clinic for nearly a decade. He provides direct medical care for people who cannot afford or access health care, and in addition, he has been an educator and supervisor of other clinicians at Samaritan House.

30 organizations were awarded grant funding at the January 28 meeting for the programs and services that they provide to District residents. For each grant recipient, funding supports:

- **Acknowledge Alliance** - at-risk youth counseling program
- **Burlingame School District** - physical fitness data tracking program and expansion of a Social-Emotional Learning curriculum
- **Caminar** - "Bridges to Wellness" program
- **Catholic Charities** - adult day services for seniors
- **Children's Health Initiative**- health coverage for 100% of eligible children 6-18 years old living within PHCD boundaries
- **Community Gatepath** - Healthy Eating Active Living education program and expansion of support for families
- **CORA** - counseling services for survivors of domestic violence
- **Edgewood Center** - in-home visiting nurse program and chronic disease management and nutrition workshops
- **Friends for Youth** - mental health services for low-income, at-risk youth
- **InnVision Shelter Network** - mental health services for families affected by homelessness

- **Jewish Family and Children's Services** - in-home caregiver services and transitional care for low-income seniors
- **Latino Commission** - residential and outpatient substance abuse treatment programs
- **Mental Health Association of San Mateo County** - a public health nurse at the St. Matthews Hotel in San Mateo
- **Mid-Peninsula Boys and Girls Club** - nutrition and physical fitness programs at San Mateo Club House
- **Millbrae Elementary School** - Let's Grow garden program for K-8 students
- **Mills Peninsula Senior Focus** - Adult Day Health/Alzheimer's Day Care Resource Center
- **Mission Hospice and Home Care** - hospice care for residents not covered through insurance at the new and only residential care hospice facility in San Mateo County
- **Ombudsman Services of San Mateo County** - advocacy services for residents living in long-term care facilities
- **Pathways Home and Hospice** - home health and hospice services for low-income residents
- **Peninsula Family Services** - expansion of Senior Peer Counseling program
- **Peninsula Volunteers** - expansion of daily meal delivery service for homebound seniors
- **Planned Parenthood Mar Monte** - expansion of reproductive health education and preventive services for students
- **Prevent Blindness of Northern California** - expansion of vision screenings, referral services and eye glass prescriptions for pre-school children
- **Samaritan House** - free clinic for uninsured residents of PHCD
- **San Bruno Park School District** - support of the Student Health Clinic at Belle Air School and wellness activities throughout the district
- **San Mateo Foster City School District** - Youth Mental Health First Aid Training for teachers and school administrators
- **San Mateo Police Activities League** - eight-week health and nutrition workshop
- **Second Harvest Food Bank** - groceries for low-income seniors
- **StarVista** - crisis intervention and suicide prevention center and adolescent substance abuse treatment program
- **Via Heart Project** - AEDs and CPR training at six high schools within PHCD

"The 2016 grant recipients are well established and have admirable track records of achievement in addressing health care needs," said PHCD Board Chair Lawrence Cappel, Ph.D. "PHCD is proud to provide financial support for these worthy programs, and we are grateful for the important role that they play in the health and wellness of our Peninsula communities."

Grants recipients are chosen annually based on a review of local health care needs and the evolving priorities of District communities. The Board's Community Health Investment Committee (CHIC) is the working group that carries out the activities involved in evaluating grant requests. Each year, at the start of the grant cycle, the Committee reviews the health needs and priorities of the community within the District's boundaries and makes recommendations to the Board. CHIC members are appointed by the Board Chair and serve three-year terms. The CHIC is comprised of:

- Two directors from the District Board; one serving as committee chair
- Two community health care providers and leaders
- Four District community members-at-large
- District Chief Executive Officer (Ex Officio, non-voting)

PHCD's Community Health Grants Program is just one facet of its overall community health investment strategy, which includes the grants program to address care needs and the evolving priorities of District communities; identifying gaps in care and addressing them (e.g. Apple Tree Dental); and planning for future needs (e.g. The Trousdale, an assisted living facility, and Peninsula Wellness Community).

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**About the Peninsula Health Care District:**

Founded in 1947, the Peninsula Health Care District services the communities of San Bruno, Millbrae, Burlingame, Hillsborough, San Mateo and Foster City by supporting the unique health and wellness priorities of our vibrant Peninsula communities, and safeguarding access to health care services, today and in the future. PHCD fulfills its commitment to the community through oversight of District assets and infrastructure, planning for future health care needs, and investing taxpayer dollars in local health-focused organizations and programs. To learn more about PHCD, visit [www.peninsulahealthcaredistrict.org](http://www.peninsulahealthcaredistrict.org).