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**PENINSULA HEALTH CARE DISTRICT AWARDS 31 GRANTS TO
LOCAL HEALTH-FOCUSED ORGANIZATIONS**

PHCD has invested more than \$50 million in local organizations since 1996

BURLINGAME, CA, February 2, 2017: Over the past 20 years, the Peninsula Health Care District Board of Directors has awarded \$50 million to local organizations that address the health of District residents. On February 1, 2017, the District awarded 31 grants through its Community Grants Program and honored two Community Health Leaders, and two Volunteers of the Year.

Ombudsman Executive Director Tippy Irwin was honored as a Community Health Leader for her 15 years of leadership in expanding the services and impact of her organization. She has been “a voice to deal with” as she advocated against elder abuse and for funding for critically needed services to protect the rights of our most vulnerable residents. The second honoree was Arne Croce, the recently retired executive director of Peninsula Family Service, who was recognized for more than 35 years of local government work and non-profit management, including serving as City Manager of San Mateo and enhancing lives of all ages throughout the county in his role over the past three years as the leader of the Peninsula Family Service organization.

Rickey Ono from CASA of San Mateo County and Paul Smith from Mission Hospice & Home Care were recognized as Volunteers of the Year. Mr. Ono has been a volunteer for eight years, spending more than 1,000 hours at CASA of San Mateo County with his assigned child – even traveling to Oakland to visit him after he was moved outside of San Mateo County. Mr. Smith has served as a volunteer for the last 12 years. In his most recent role at Mission Hospice & Home Care, he’s spent many late nights in vigil at patients’ bedsides, keeping his commitment to hold their hand until the very end.

Thirty-one organizations were awarded grant funding at the February 1 event for the programs and services that they provide to District residents. For each grant recipient, funding supports:

- **Apple Tree Dental San Mateo Center** – access to dental care for everyone
- **Breathe California** - lung health education
- **California Dental Association Foundation** - free dental services
- **Caminar-Bridges to Wellness Program** - medical and behavioral health services
- **CASA of San Mateo County** - physical and mental health training for staff and volunteers who serve foster youth
- **Catholic Charities-Adult Day Health Services** - adult day services for seniors and respite care for families

- **Community Gatepath** - developmental screenings, health education, and fitness opportunities
- **CORA** - counseling services to survivors of domestic violence
- **Edgewood** -visiting nurse program and nutrition workshops
- **Fresh Approach** - education, BMI monitoring, and veggie and fruit vouchers
- **Friends For Youth** - mentoring and support services for low-income youth
- **Jewish Family and Children's Services** - services for individuals with dementia
- **JoyLife Club** - peer support groups for cancer survivors and their families
- **Kids and Art Foundation** - workshops for bereaved children and families affected by pediatric cancer
- **Lifemoves** - mental health services for homeless families
- **Mid-Peninsula Boys and Girls Club** - SPARK and healthy cooking classes
- **Mills Peninsula Senior Focus** - Adult Day Health/Alzheimer's Day Care Resource Center
- **Mission Hospice and Home Care** - charitable hospice services
- **Ombudsman Services of San Mateo County Fund** - advocacy services to low-income residents living in long-term facilities
- **Peninsula Family Services** - Senior Peer Counseling Program
- **Peninsula Jewish Community Center** – evidenced-based exercise program for breast cancer patients
- **Meals on Wheels** - daily fresh meal services to homebound seniors
- **Rosener House Adult Day Services** - adult day health for low-income seniors
- **Prevent Blindness Northern California - See Well to Learn** - vision screening, referral services and prescriptions for preschoolers
- **Samaritan House - Free Clinic of San Mateo** - free clinic for residents of Peninsula Health Care District
- **San Bruno Park School District** - Wellness Coordinator/ San Bruno Student Health Center
- **San Mateo County Office of Education-School Climate** - restorative practice, gender spectrum and threat assessment training to school staff
- **San Mateo County Sheriff's League** - Eat Right, Get Active, Got Power program for low-income children and families
- **StarVista** - crisis intervention and suicide prevention center and adolescent substance abuse treatment program
- **The Peninsula Conflict Resolution** - diabetes screening and education
- **Via Heart Project** - AEDs and CPR training to local middle schools and high schools

“The Peninsula Health Care District is proud to support local organizations that are dedicated to our community’s health and wellness,” said District Board Chair Lawrence W. Cappel, Ph.D. “PHCD’s vision is that all residents of the District enjoy optimal health through education, prevention, and access to needed health care services. The 2017 grant recipients help make our vision a reality.”

Grant recipients are chosen annually based on a review of local health care needs, the evolving priorities of District communities, and the stability and quality of services of the requesting

organization. The Board's Community Health Investment Committee (CHIC) is the working group that carries out the work of the grant review process and makes recommendations to the Board for action. CHIC members are appointed by the Board Chair and serve three-year terms. The CHIC is comprised of:

- Two directors from the District Board; one serving as committee chair
- Two community health care providers and leaders
- Four District community members-at-large
- District Chief Executive Officer (Ex Officio, non-voting)

PHCD's Community Health Grants Program is just one facet of its overall community health investment strategy, which includes the grants program to address care needs and the evolving priorities of District communities; identifying gaps in care and addressing them (e.g. Teen Mental Health Project); and planning for future needs (e.g. The Trousdale, an assisted living facility, and Peninsula Wellness Community).

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About the Peninsula Health Care District: Founded in 1947, the Peninsula Health Care District services the communities of San Bruno, Millbrae, Burlingame, Hillsborough, San Mateo and Foster City by supporting the unique health and wellness priorities of our vibrant Peninsula communities, and safeguarding access to health care services, today and in the future. PHCD fulfills its commitment to the community through oversight of District assets and infrastructure, planning for future health care needs, and investing taxpayer dollars in local health focused organizations and programs. To learn more about PHCD, visit www.peninsulahealthcaredistrict.org.