



Press Release

Peninsula Health Care District and AbilityPath Housing Open New Cooperative Home for Adults with Developmental Disabilities in San Bruno

Media Contact: Alexandra Céspedes Kent, Voler Strategic Advisors, (510) 413-844 or Alexandra@volersa.com

San Bruno, CA (October 6, 2025) —The Peninsula Health Care District (PHCD) and AbilityPath Housing are proud to announce the opening of a new cooperative living home in San Bruno that will provide high-quality, affordable housing for six adults with developmental disabilities.

This new residence is the **third cooperative home** funded by PHCD, reinforcing its multi-year commitment to expanding **inclusive, community-based living options** for adults with developmental disabilities across San Mateo County.

A Model for Inclusive, Independent Living

The San Bruno cooperative home provides residents with private bedrooms and shared common areas designed to encourage **independence, connection, and skill development**. AbilityPath—a nonprofit organization with over 100 years of experience—will offer ongoing support and coaching in independent living skills through its innovative adult services team. AbilityPath Housing will oversee the resident application and intake process, as well as provide property management services.

“We’re honored to partner with AbilityPath Housing to open our third dedicated residence for adults with developmental disabilities—addressing both the local housing crisis and the growing need for lifelong support,” said Dr. Lawrence Cappel, Board Chair of PHCD. “I’m proud to see our District once again leading the way in building inclusive, healthy communities where everyone has the opportunity to thrive.”

“This home truly embodies our mission to promote advocacy, inclusion, and independence,” added Paul Regan, Board Chair of AbilityPath Housing. “We are deeply grateful for PHCD’s leadership and partnership in helping make this vision a reality.”

San Mateo County Supervisor Jackie Speier added, “For decades, I have fought to expand affordable and supportive housing because it is the foundation of well-being for every person in San Mateo County. Projects like this cooperative home are essential—especially as people with developmental disabilities often face significant barriers to safe, stable housing. Our county must continue to support innovative partnerships like this one, which provide dignity, inclusion, and real opportunities for all our neighbors.”

Expanding a Proven Model

This San Bruno home expands PHCD’s growing portfolio of cooperative residences, following the successful launch of two similar homes in central San Mateo. Each residence enables adults with developmental disabilities to live more independently while receiving guidance in essential life skills such as cooking, budgeting, and household management.

About Peninsula Health Care District

Established in 1947, the Peninsula Health Care District is a public agency dedicated to improving the health and wellness of over 200,000 residents across San Bruno, Millbrae, Burlingame, Hillsborough, San Mateo, Foster City, and parts of South San Francisco. PHCD offers community-based health programs and partners with local organizations to increase access to care, wellness, and resources for vulnerable populations. Learn more at: www.peninsulahealthcaredistrict.org

About AbilityPath Housing

AbilityPath Housing, an affiliated nonprofit of AbilityPath, develops and manages affordable, inclusive housing that promotes independence and community for adults with developmental disabilities. Through partnerships with public and private sectors, AbilityPath Housing is expanding access to safe, supportive living options throughout the Bay Area. Learn more at: www.abilitypathhousing.org
