



BOARD OF DIRECTORS MEETING MINUTES 6:30 pm Thursday, January 25, 2024 1819 Trousdale Dr. Burlingame, Ca 94010 (Classroom)		
<u>Directors Present</u> Chairman Cappel Vice-Chairman Pagliaro Secretary Zell Director Sanchez	<u>Directors Absent</u> Director Navarro	<u>Also, Present</u> Tyler Chamness, Director of Customer Success, Care Solace, Paramita Roy, DDS

1. Call to Order and Roll Call: Chairman Cappel called the meeting to order at 6:34 p.m. Roll call attendance was taken. A quorum was present.

2. Public Comment on Non-Agenda Items: Lindsay Raike provided the Board with an update on the Mickelson pool's reopening progress. On January 3rd, she had a meeting with Jillian Thomas, the Assistant Administrator of Ancillary Services and Clinical Service Lines at Mills-Peninsula Medical Center. On January 6th, Supervisor Canepa was joined by elected community leaders at a press conference to commemorate the beginning of demolition work of the Mickelson Pool at the Groundbreaking Ceremony. Additionally, Ms. Raike expressed her gratitude to the Board for their assistance in pushing for the reopening of the pool. In particular, Director Zell was recognized for his dedicated efforts with the Ad hoc committee.

3. Report Out From Closed Session: 1/9/2024, 1/19/2024 & 1/25/2024

Chairman Cappel stated that the Board held discussions reviewing the ongoing negotiations with the PWC developers and the pending settlement of a legal matter at the Trousdale during the closed session meetings on 1/9/2024, 1/19/2024 and 1/25/2024.

4. Consent Calendar: ACTION

- a. Board Meeting Minutes – December 7, 2023 & December 14, 2023
- b. Strategic Direction Committee Minutes – November 1, 2023
- c. Checking Account Transactions – November 2023 & December 2023
- d. Treasurer's Report – November 2023& December 2023
- e. Q2 FY 2023-2024 Investment Report
- f. Q2 FY 2023-2024 Unaudited Financials

Vice-Chairman Pagliaro asked CFO Yee if there was a plan to replace the Torrey Pines 3yr-CD, as it was due to mature on 1/31/24.

CFO Yee replied that Torrey Pines is connected to the COP loans associated with Trousdale construction. The funds are invested at Torrey Pines per the loan agreements. However, she will evaluate the current renewal rates when the CD matures. She believes it will be higher than what the District is currently receiving.

Chairman Cappel inquired about the payment made to One Life Counseling in the amount of \$7,825 that appears on page 19.

CEO Pulido replied that the District was required to hire a licensed clinician to help draft the allcove™ center manual for Stanford's approval.

Motion to Approve Consent Calendar as Presented
Motion: By Director Sanchez; Vice-Chairman Pagliaro
Vote: Ayes – Cappel, Pagliaro, Zell, Sanchez
Noes: 0
Abstain: 0
Motion Passed: 4/0/0

5. Old Business:

a. The Trousdale Emergency Generator for the Refrigerator and Freezer Units

Proposal: Sylvia Chu, Executive Director, The Trousdale

Eskaton's Capital Projects Manager, Rose Miller, and Ralph Barsi reached out to several vendors for bids. The two agencies that responded were Young Electric & Communications and Pinnacle Electrical Co., Inc.

RECOMMENDED ACTION:

To approve the lower contract bid of **\$29,376.00** from Young Electric & Communications.

Motion to Approve contract bid of \$29,376.00 from Young Electric & Communications.
Motion: By Director Sanchez; Vice-Chairman Pagliaro
Vote: Ayes – Cappel, Pagliaro, Zell, Sanchez
Noes: 0
Abstain: 0
Motion Passed: 4/0/0

b. Care Solace 2023 Yearly Update to the Board of Directors: Tyler Chamness, Director of Customer Success, Care Solace

Presentation Highlights

Time is Valuable

- It takes time-consuming back and forth communication (60 calls on average) to find help matched to specific needs
- 80% of those who need help don't receive the care they need
- With Care Solace, people connect to resources within 5 days on average

Key Services

- Care Loop
 - Warm Handoff and Real-Time Tracking
- Care Companions
 - 24/7/365 Multilingual Navigation Support
- Care Match
 - Anonymous Self-Service Search Tool

Peninsula Health Care District Needs

Gender

- Female: 52%
- Male: 48%

Ethnicity

- Hispanic/Latino: 24%
- White/Caucasian: 27%
- Asian/ Pacific Islander: 23%
- Other 12%
- Black/ African American: 3%
- Decline to answer: 1%

Age Group

Children: 63%
 Adults: 20%
 Adolescents: 17%

Peninsula Health Care District 23-24

Key Performance Indicators (KPIs)

KPI's Defined:

Inbound Interactions: All in-bound phone calls, emails, and video-chats from community members

Communication Saved: All outbound calls, emails, and texts by team to coordinate care

Warm Hand-offs: Referrals from school staff for help connecting to care

Family Initiated Cases: Community members who contacted Care Solace directly for help making an appointment

Total Appointments Into Care: Number of Warm Handoffs and Family Initiated Cases who confirmed appointments using Care Solace services.

Anonymous Searches: All completed searches through a proprietary link

Recommendations for Continued Success

- Support refresher trainings & orientations for staff members
- Promote to staff for wellbeing
- Include in community events
- Share out to PHCD networks
- Promote the resource on social media
- Include in regular communication from district and school sites
- Add resource to email signatures & out of office messages
- Print & distribute fliers and postcards for events
- Include in regular reporting to the board
- Publish a press release related to resources available in district

Q & A with Tyler Chamness

What exactly does the 63% of children under "Age Groups" represent?

This school year, 63% of service requests have been for children ages 3-11.

How is the cost of implementing this program in a school district structured? Is it a monthly membership fee or a subscription?

The cost is based on a per-student annual payment model, which amounts to approximately \$2.50 per student.

Why does Burlingame have a significantly higher number of cases compared to Millbrae and San Bruno despite being similar in size?

The higher number of cases in Burlingame compared to other areas in the county could be attributed to effective public awareness campaigns and communication about available services. This is supported by the significant number of anonymous searches from Burlingame, indicating that the information is reaching a wider audience.

6. New Business:

a. Recommendation to Appoint Paramita Roy, DDS, on the Sonrisas Dental Health

Board of Directors: Lawrence Cappel, Chairman, and Ana M. Pulido, CEO

Back in September 2023, CEO Fecher notified CEO Pulido that one of the five seats on the Sonrisas Board that the Peninsula Health Care District appoints according to section 4.3 of the Sonrisas Dental Health Bylaws would soon be vacated by Sheryl Young.

Chairman Cappel notified the Board of the vacancy, and CEO Pulido requested that Directors submit names for consideration. CEO Fecher was also offered the opportunity to submit names for consideration. From October through November, CEO Pulido screened potential candidates, and a

finalist was selected to be interviewed by Chairman Cappel, followed by a meeting with CEO Fecher. All stakeholders involved in the process unanimously supported Dr. Roy's candidacy.

RECOMMENDATION:

Approve the appointment of Paramita Roy, DDS, to the Sonrisas Dental Health Board of Directors.

Motion to Approve the appointment of Paramita Roy to the Sonrisas Dental Health Board of Directors.

Motion: By Director Sanchez; Vice-Chairman Pagliaro

Vote: Ayes – Cappel, Pagliaro, Zell, Sanchez

Noes: 0

Abstain: 0

Motion Passed: 4/0/0

b. CalPERS Staff Discussion: Ana M. Pulido, CEO and Vickie Yee, CFO

Staff Feedback

- The benefits package, particularly the CalPERS offering, played a significant role in their decision to join PHCD
- 5-year vesting at CalPERS encourages staff retention and job satisfaction, as well as provides a pathway to a solid, vested security
- Staff prefers current model in which CalPERS selects a stable mix of investments, and they do not seek the flexibility to personally invest funds in the market
- Staff strongly values a pension plan due to its secure payments throughout retirement
- Alternative 457B plan has a lower maximum contribution and fewer investment options compared to a traditional Non-Profit 403B plan
- There is concern over the level of benefits of the alternative plan offered since the employer contribution would no longer be fixed
- Staff would not choose more pay over losing CalPERS benefits
- In a competitive market, the benefit package is the deciding factor for many

Chairman Cappel asked how many employees are currently covered by CalPERS.

CFO Yee responded that there are nine employees currently being covered.

Chairman Cappel stated that, from his experience, it is costly to exit CalPERS.

Director Zell questioned the rationale behind public agencies offering benefits that are not offered in the private sector, particularly when these agencies are facing financial difficulties. Instead of allocating funds toward former employees, the District could utilize these resources to fulfill its mission. Moreover, Director Zell emphasized that any plans for future growth should take into account the financial obligations associated with CalPERS. Allocating a significant portion, ranging from 20% to 30% of the future budget, like other agencies, to support individuals who are no longer employed, could greatly jeopardize the organization's viability.

Counsel Hudak believes that the District has the flexibility to modify healthcare benefits for future employees, but retirement benefits are required to be the same for all employees. Counsel Hudak suggested management to follow up with BBK on this matter.

7. Reports:

a. Board Standing Committees:

Strategic Direction Oversight – January 16, 2024

Chairman Cappel stated that this meeting was held the previous week and commended SID Rodriguez for a phenomenal job in presenting the plan.

Community Health Investment – February 21, 2024

Director Sanchez stated that the next meeting will be held on February 21st.

Finance – March 12, 2024

CFO Yee stated that the Finance Committee did not meet in January and that the next meeting will be held on March 12th.

Board Chair and Director Reports

CEO Pulido introduced the new allcove™ Clinical Director, Marc Rappaport. Director Rappaport is a licensed marriage and family therapist with over 20 years of experience in mental and behavioral health. He has worked at several organizations, including non-profit health centers, and brings a wealth of experience in working with childhood trauma, psychopathology, PTSD, and individuals struggling with substance abuse. He obtained a B.S. in Psychology from UC Santa Cruz and a Master of Arts in Counseling Psychology from California Institute of Integral Studies in SF.

Vice-Chairman Pagliaro stated that he will be in a meeting with the Association of California Special District the following day. He has been appointed to the Legislative Committee.

8. Correspondence and Media

a. 12/18 StarVista Thank You Letter

b. 12/18 City of San Bruno Draft Environmental Impact Report for the Tanforan Redevelopment Project

9. Adjourn: 7:29 pm

Written by: Voula Theodoropoulos

Approved by: 
Lawrence W. Cappel, Board Chair