



Peninsula Health Care District Invests Over \$1.2 Million to Boost Community Health in 2025

28 San Mateo County organizations to be awarded funds

Burlingame, CA (December 13, 2024) - On December 12, 2024, the Peninsula Health Care District (PHCD) Board of Directors voted to fund over \$1.2 million to diverse service providers for the 2025 grant cycle. This year, twenty-eight community-based organizations will receive grants through the Community Grants Program (CGP), helping them deliver essential health services and foster transformative change within the community.

The 2025 CGP focus areas are Preventive Health, Mental and Behavioral Health, and Healthy Aging across the Life Course. The CGP grantees are organizations that have been continuously addressing these pressing health and mental well-being needs within the District. Their missions and services align with PHCD's vision of supporting residents in achieving optimal health and wellness through education, prevention, and access to care.

Ana M. Pulido, CEO of PHCD remarked: "The District is proud to partner with these trusted providers who share our commitment to improving community health. Together, we are investing in improving the quality of life for thousands of residents and working hand in hand to amplify our impact, building a stronger present and future for our community."

The total amount awarded for the 2025 grant cycle is \$1,265,039, marking a significant expansion of the CGP budget, which had remained unchanged since 2007. This \$1 million increase reflects the PHCD's deepened commitment to supporting community health initiatives.

Dr. Larry Cappel, Chair of the Peninsula Health Care District Board of Directors, shared: "We are deeply appreciative of the diverse group of providers dedicated to addressing preventive health, mental and behavioral health, and aging needs in our community, each bringing unique expertise to ensure a comprehensive approach to the well-being of all our residents. This year,

thanks to a significant increase in funding, the CGP will allow them to continue their invaluable contributions, expand, and serve those who need it most."

The following organizations received funding for their transformative work:

Preventive Health Grants:

- Bay Area Community Health Advisory Council (BACHAC)
- Breathe California of the Bay Area, Golden Gate, and Central Coast
- Chinese Hospital
- Each Green Corner
- El Concilio of San Mateo County
- First 5 San Mateo County
- Fresh Approach
- Healthier Kids Foundation
- The HEAL Project
- ViaHeart Project

Mental and Behavioral Health Grants:

- Burlingame RiteCare Childhood Language Center
- CASA of San Mateo County
- Changing Perspectives
- Child Mind Institute, Inc.
- Community Overcoming Relationship Abuse (CORA)
- Foster City Village, Inc.
- Heart & Soul, Inc.
- Institute for Human and Social Development, Inc. (IHSD)
- Kara
- MELP / AbleCloset
- One Life Counseling Center

Healthy Aging across the Life Course Grants:

- Ability Path
- Anew Vista Community Services
- Burlingame Parks and Recreation
- CALL Primrose
- Peninsula Family YMCA
- Villages of San Mateo County
- Vista Center for the Blind and Visually Impaired

A grantee reception and ceremony will be held in January 2025 to honor and celebrate our partner grantees and their contributions to improving the health of District residents.

About Peninsula Health Care District: Founded in 1947, the Peninsula Health Care District serves the communities of San Bruno, Millbrae, Burlingame, Hillsborough, San Mateo, and a portion of Foster City and South San Francisco by supporting the unique health and wellness priorities of our Peninsula communities, and safeguarding access to health services, today and in the future. PHCD fulfills its commitment to the community through oversight of District assets and infrastructure, providing direct services, planning for future healthcare needs, and investing taxpayer dollars in local health-focused programs and partner organizations.

For more information: <https://www.peninsulahealthcaredistrict.org/>