



Join Zoom Meeting  
[https://  
us02web.zoom.us/  
j/88039103691](https://us02web.zoom.us/j/88039103691)  
**Meeting ID:**  
880 3910 3691  
**One tap mobile**  
+12532158782,/  
+12678310333

**PUBLIC NOTICE**

Board of Directors  
**STRATEGIC DIRECTION OVERSIGHT COMMITTEE**  
1819 Trousdale Dr. (Classroom)  
May 6, 2026, 5:00 pm

**AGENDA**

1. **Call to Order & Roll Call:** Chair Cappel
2. **Approval of Minutes:** SDOC February 4, 2026 **Pg. 1-5**
3. **Peninsula Volunteers Transportation:** Artemis Rong, Chief Operations Officer,  
Peninsula Volunteers, Inc. **Pg. 6-8**
4. **Forever Fit Program:** Richard Bergstrom, Health and Fitness Director **Pg. 9-14**
5. **Care Solace Update:** Jackie Almes, Youth Behavioral Health Program Manager
6. **Blue Zones:** Ana M. Pulido, Chief Executive Officer
7. **Adjournment**