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**Board of Directors
COMMUNITY HEALTH INVESTMENT
COMMITTEE MEETING
Monday, July 21, 2025
5:00 - 6:30 PM**

A G E N D A

1. Call to Order

2. Welcome & Introductions

3. Impact Partners – Renewal Applications

- a. Mission Hospice & Home Care
- b. Stanford Teen Van
- c. AgeUp, Inc.
- d. Samaritan House

4. Approval of Minutes: March 19, 2025

Pg. 1-10

5. Review 2024-2025 Community Health Investment Fund Expenditures

Pg. 11-16

- a. Impact Partners Program
- b. Community Grants Program
- c. Health Workforce Tuition Assistance Program
- d. Community Support Funds - Small Grants and Sponsorships

6. 2026 Grant Cycle

- a. Community Health Investment Committee Charge
- b. Community Grant Program Policy, Eligibility, Funding Priorities
- c. 2026 Budget
- d. LOI Overview and Criteria
- e. Committee Meeting Schedule & Work Plan

Pg. 17-18

Pg. 19-20

Pg. 21

Pg. 22-23

Pg. 24

7. Adjournment



Community Health Investment Committee

Meeting Minutes 3/19/25

1. Call to Order: Chairman Navarro called the meeting to order at 5:02 p.m. CHIC members present were Navarro, Sanchez, Baker, Neider, Jue, Miran, Baker, Mitchell, and Martinez.

2. Approval of Minutes: November 18, 2024

3. 2024 Grants Mid-Year & EOY Report Overview

CEO Pulido outlined the meeting's foci: review of mid-year and end-of-year reports for the 2025 grant cycle, an update on the Metrics Workgroup's progress on health outcomes, and planning for the 2026 grant cycle, including three-year Impact Partner grants and one- and two-year Community Grants.

SID Rodríguez stated that the guiding question for the grants program is whether it is "moving the needle" in addressing the greatest areas of need. She noted that the team has completed two grant cycles and would review reports and the Metrics Workgroup's role in evaluating impact. She highlighted the goal of standardizing metrics to support effective impact storytelling and responsible stewardship of District funds.

Report Overview

- 33 organizations funded across three focus areas:
 - Healthy Aging (8 grantees)
 - Mental Health (11 grantees)
 - Preventive Health (14 grantees)
- Ongoing Challenge: Inconsistent data collection due to diverse service types.

Overview of Healthy Aging Grantees

Two-year	One-year
• Catholic Charities -Adult Day Services • Jewish Family and Children’s Services - Center for Dementia Care • Peninsula Family Service - Peer Counseling Program • Peninsula Volunteers - Meals on Wheels	• AnewVista Community Services • Foster City Village - Inspired Aging / The Buddy Connection • Villages of San Mateo County - Healthy Seniors at Home: Aging better in a caring “virtual village” community • Vista Center for Blind and Visually Impaired - Vision Loss Rehabilitation Program

Impact

- Individuals impacted by services: Seniors, adults with disabilities, caregivers, peer volunteers and counselors
- Types of services provided: case management, therapeutic and recreational activities, health monitoring, nutritious meals, individual and group social support

All Healthy Aging grantees met or exceeded their stated goals and metrics.

Metrics

- PHCD Residents served: 1,527
- Select Units of Service: 214 classes; 240 days of Adult day services, 1,000 buddy hours, 161 hours of respite care; 415 hours of case management, 36,494 meals, 336,596.87 units (30 mins/unit)

Select Health Outcomes

- 100% of informal family caregivers reported reduced stress or improved health since their loved one enrolled in Adult Day Services (Catholic Charities).
- 94% of family caregivers decreased caregiver-related stress and/or improved quality of life (JFCS).
- 90% of participants reported eating more nutritious meals because of Meals on Wheels, 88% reported improved health outcomes from eating healthier, and 85% reported that by receiving Meals on Wheels, they’ve been able to stay living in their homes (PVI).

Overview of Mental Health Grantees

Two-year	One-year
• Latino Commission - Entre Familia Outpatient Program • Peninsula Bridge - Mental Health Wellness Program • StarVista - Youth Mental Health Prevention Programming • Caminar - Medication Assistance Program (MAP) - pending EOY report	• CASA of San Mateo County • CORA - Family Centered Mental Health Program • First 5 of San Mateo County - Help Me Grow • Justice At Last - Mental Health and Access to Justice Program • KARA - Bereavement Support, Grief Education, and Crisis Response • Life Moves - Behavioral Health Program • One Life Counseling Center Free and Low-Fee Mental Health Counseling

Impact

- Individuals impacted by services: Children and families; youth in SMC foster and juvenile justice systems; individuals and families affected by domestic violence, facing grief and loss, housing insecurity, crises, and substance use; survivors of human trafficking.
- Types of services provided: Volunteers providing advocacy and support to youth; mental health assessments, individual and group counseling

All Mental Health grantees met or exceeded their stated goals and metrics.

Metrics

- PHCD Residents served: 3,364
- Select Units of service: 2,300 hours mental health counseling, 4,181 units of service, 314 units of service (sessions, groups, health education groups), 989 hours of individual counseling, 12 hours parent & student groups, 299 hours of service, 36 emergency stabilization services, 16 direct referrals...

Select Health Outcomes

- 90% of adult clients who took the survey reported a decrease in their feelings of isolation after participating in therapy (CORA)
- 85% of participants had improved mental health; 90% of participants felt that One Life provided easily accessible mental health counseling that accommodated their budget,

language preferences, and schedules; and, 85% reported that they have learned healthy coping skills (Life Counseling).

- 95% of participants showed progress towards an identified treatment goal, such as academic improvement, reducing/eliminating substance use, improving relationships, improving decision-making behaviors, and improving self-regulation of emotions.

Preventive Health Grantees

Two-year	One-year
• Boys & Girls Club of the Peninsula - Peninsula San Mateo Fitness Program • Edgewood for Children and Families - Healthy Generations • Peninsula Jewish Community Center - Pink Power • San Mateo Police Activities League - Promoting Healthy Futures • Second Harvest of Silicon Valley - Alleviate hunger by providing nutritious foods to low-income residents of San Mateo, Foster City, Millbrae, San Bruno, and Burlingame	• Ability Path - Adult Day Program - Pathways to Health & Wellness • BACHAC - Community Mammogram Program • Breathe California of the Bay Area, Golden Gate, and Central Coast - Seniors Breathe Easy • Burlingame Parks and Recreation - Let the Sunshine In • CALL Primrose - Community Pantry • Fresh Approach - Promoting 'Food as Medicine' • Healthier Kids Foundation - HearingFirst • Peninsula Family YMCA - Community Movement and HEAL classes • The HEAL Project - Farm Field Trip Program

Impact

- Individuals impacted by services: Adults with developmental disabilities, women, youth, kinship families, seniors, caregivers, breast cancer survivors,
- Types of services provided: Social interaction opportunities, recreational and fitness activities, sports development programs, family support programs, educational presentations, screenings (hearing, breast cancer, asthma), breathing exercises, home visits, air quality assessments, smoking cessation assistance, nutrition and cooking classes, food literacy and gardening education, food distribution, VeggieRx voucher assistance.

All Preventive Health grantees met or exceeded their stated goals and metrics.

Metrics

- PHCD Residents served: 48,263
- Select Units of service: # of educational presentations, # of classes offered, # of screenings, # of day trips, # of walking sessions, # of household served, # of bags of groceries, hours of workshop time, group counseling sessions, program hours, family therapy sessions.

Select Health Outcomes

- 98% of kinship children remained safe in the home of their caregivers and out of foster care. Approximately 65% of participants reported a decrease in mental health symptoms and need for support (Edgewood Center for Children and Families).
- 95% of participants experienced an improved quality of life. 97% of participants had improved overall fatigue. 98% saw improvements in their body composition (PJCC).
- 100% of participants made changes to reduce hazards in the home after indoor air and fall assessments (Breathe California).

Q & A with *SID Rodríguez*

Mr. Neider commended SID Rodríguez for a strong presentation and the notable outcomes achieved by grantees. He suggested the District increase visibility of these results through broader marketing efforts, such as a social media campaign.

CEO Pulido responded that the District is tracking and collecting impact data this year to produce a comprehensive annual impact report. This report will highlight the measurable outcomes of grant-funded programs across the District and potentially beyond. She agreed with Mr. Neider's suggestion, adding that in addition to the report, the District could explore other media and promotional efforts such as a social media campaign to further showcase the reach and effectiveness of the grants portfolio.

SID Rodríguez agreed on the importance of publicly sharing impact data. She stated that this will be incorporated into their strategy and noted that the website already features video testimonials from the grant program. She emphasized that as a data-driven organization, it is essential to make this data accessible.

Director Sanchez highlighted the value of clear expectations and consistent reporting for grantees. He noted that having strong, well-structured data is especially important given the current political climate and shifting funding priorities at the federal, state, and county levels.

He stressed that demonstrating measurable impact is critical, particularly for marginalized communities affected by factors such as gender, age, and systemic inequities.

4. Metrics Workgroup Update

Metrics Workshop Overview

Three meetings were held both in person and virtually to support the Community Grants Program. Participants reviewed the program's Logic Model and engaged in discussions around proposed performance metrics. The workgroup recommended surveying grantees to understand their use of validated survey instruments for data collection.

Survey of Grantees regarding Use of Validated Instruments

To understand how grantees currently use validated tools, a short survey was distributed. A total of 33 grantees responded, providing valuable insights. Respondents represented all three focus areas: Healthy Aging, Mental Health, and Preventive Health.

Key Survey Findings

Among Mental Health Grantees:

- 66.7% of respondents do not currently use the listed validated mental health instruments.
- 33.3% use at least one validated assessment (e.g., PHQ-9, GAD-7, UCLA Loneliness Scale).
- Some grantees use other validated tools not listed in the survey, such as:
 - Beck Depression Inventory
 - Adverse Childhood Experiences (ACE) assessment
 - Child Behavior Checklist
- Some tools mentioned may not be validated; further analysis is needed.

Among Preventive Health Grantees:

- 64.7% of survey respondents do not collect information on whether the program serves individuals who have never received screening in the past, helps individuals of a particular age-group or other factors.
- 56.25% of survey respondents do not measure and track selected indicators.
- For programs that promote physical activity (through an indoor program or out in the community), 70.6% do not track listed indicators.

Strategy to Identify Metrics based on Priorities

Metrics by Focus Area

Mental & Behavioral Health

Healthy Aging

Preventive Health

Metrics by Priority

Pediatric Mental & Behavioral Health
Senior Mental Health

Healthy Eating and Nutrition
Physical Activity
Socialization for Seniors
Caregiver Support

Health Education
Screening Programs
Vaccination Programs
Programs that increase access to
Preventive Services and Support

Proposed Global Metrics Outputs (Required from all grantees)

<i>Individuals served (unduplicated numbers)</i>	<i>Individuals served (duplicated numbers)</i>
# of Children & Youth (0-17) served: _____	# of Children & Youth (0-17) served: _____
# of Adults (18-64) served: _____	# of Adults (18-64) served: _____
# of Seniors (65+) served: _____	# of Seniors (65+) served: _____
Total # Served (Children+ Youth+ Adults + Seniors): _____	Total # Served (Children+ Youth+ Adults + Seniors): _____

Discussion Summary

Survey results revealed significant variability in grantees' use of standardized tools. This raises important questions about the feasibility of requiring specific instruments across diverse programs. It also presents an opportunity to educate grantees on the value of validated tools and consider aligning future reporting expectations with commonly used or recommended measures.

5. 2026 Community Health Investment Grants Portfolio

a. Impact Partners

Impact Partners (3-year grants)

- Organization Eligibility:

- Proven track record of reaching and serving target population.
 - Innovative, unique, and/or comprehensive approach to addressing needs.
 - Proven record of achieving desired outcomes.
 - Record of serving large numbers of District residents.
 - History of financial and operating stability.
- Impact Partnership amounts will range in size from \$60,000 to \$350,000/year.
 - Proposed Timeline:
 - Application released: May 2025
 - Application deadline: June 2025 (2nd week)
 - Community Health Investment Committee review: July 2025

b. Two-Year & One-Year CGP

Community Grants Program (Two and one-year grants)

- Key Guidelines and Eligibility:
 - Supports non-profit 501(c)(3) organizations and public agencies that will directly serve residents of San Bruno, Millbrae, Burlingame, Hillsborough, San Mateo, and/or half of Foster City and a small southeast corner of South San Francisco.
 - Programs and services that fall within the scope of public health and health care.
 - Grants are made in the range of \$10,000 – \$60,000.
 - Only one grant per applicant organization will be considered.
 - Organizations are eligible to apply for a one-year grant and will be required to make a mid-term and an end-of-term report. Organizations will be invited for a two-year grant.
 - Supports direct program costs and consideration given to indirect costs up to 12%.
- Proposed Timeline:
 - Informational Sessions: July 2025
 - Call for LOIs: August 2025
 - LOI Preliminary Screening: September 2025
 - Full Application: October 2025
 - Committee Review in November 2025
 - Full Board Votes: December 2025

End of Meeting Discussion

Mr. Neider asked SID Rodríguez if the pool of applicants for the July review is known.

SID Rodríguez responded that current Impact Partners will reapply, but she's unsure if new organizations are included in the pool.

CEO Pulido confirmed the current Impact Partners will be invited to reapply, and some one-year grantees may be eligible to move to two-year grants if they meet criteria like longevity, good standing, and reporting history.

Director Navarro asked CEO Pulido to confirm if this is the year the original Impact Partners will renew their grants.

CEO Pulido confirmed that it is.

Director Navarro suggested staggering the review process for Impact Partners and limiting new three-year grants this year to reduce workload, proposing a phased approach to gradually increase three-year grantees over time.

CEO Pulido emphasized that Impact Partners follow unique criteria: they offer services that are not easily duplicated, serve large populations, and often receive larger grants than regular community grantees. This limits the number of qualifying organizations.

Mr. Neider inquired if Samaritan House was an example of an Impact Partner.

CEO Pulido confirmed that Samaritan House is an Impact Partner.

Director Sanchez agreed that the number of Impact Partners should remain small compared to other grant categories, supporting a flexible, pyramid-style model.

SID Rodríguez confirmed the recommendation to keep the July review timeline to stagger application reviews and reduce the burden on the committee.

Dr. Jue supported moving some one-year grantees to two-year terms, noting that longer funding periods allow for better planning, improved service delivery, and alignment with new metrics and deliverables.

Director Sanchez shared an example of a grantee whose project timeline would have benefited from a two-year grant, supporting the proposal as a practical solution for timing and organizational needs.

SID Rodríguez asked the committee if they agree with continuing the current invitation policy and suggested reviewing one-year grantees for possible promotion to two-year terms. The committee agreed and SID Rodríguez will provide recommendations at a future meeting.

6. Next Steps

SID Rodríguez will follow up on all identified action items.

7. Adjourn 6:25 pm

IMPACT PARTNERS (IP) Budget - \$840,942	ANNUAL AWARD	Focus Area(s)
Lucile Packard Foundation for Children's Health	\$ 180,600	Preventive Health
Samaritan House - Free Clinic of San Mateo	\$ 320,440	Preventive Health
Mission Hospice	\$ 173,353	Healthy Aging
Ombudsman Services of San Mateo County	\$ 73,544	Healthy Aging
San Bruno Park School District	\$ 76,800	Preventive Health
IP Total Awarded: \$ 824,737		

COMMUNITY GRANTS PROGRAM (CGP) Budget - \$2,009,508	ANNUAL AWARD	Focus Area(s)
Year 2 Grantees (2023-2025 Grant Cycle)		
Catholic Charities CYO of the Archdiocese of San Francisco - Adult Day Care San Mateo	\$ 50,000	Healthy Aging
Jewish Family and Children's Services - Center for Dementia Care	\$ 30,000	Healthy Aging
Peninsula Family Service - Peer Counseling Program	\$ 40,000	Healthy Aging
Peninsula Volunteers, Inc. - Meals on Wheels	\$ 55,000	Healthy Aging
Caminar	\$ 55,000	Mental Health
Peninsula Bridge - Peninsula Bridge Mental Health Wellness Program	\$ 30,000	Mental Health
StarVista - Youth Mental Health Prevention Programming	\$ 50,000	Mental Health
Boys & Girls Club of the Peninsula - San Mateo Fitness Program	\$ 35,000	Mental Health, Health Equity, Preventive Health
The Latino Commission - Entre Familia Outpatient Program	\$ 20,000	Mental Health, Health Equity
San Mateo Police Activities League - Promoting Healthy Futures	\$ 30,000	Mental Health, Health Equity, Preventive Health
Peninsula Jewish Community Center - Pink Power	\$ 10,000	Preventive Health
Second Harvest of Silicon Valley	\$ 50,000	Preventive Health

Edgewood Center for Children and Families - Healthy Generations (Expansion of HealthyKin - Serving Vulnerable Kinship and TAY Residents)	\$	35,000	Preventive Health, Healthy Aging
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Sub-total (Two-Year Grants) Awarded \$ 490,000

Year 1 Grantees (2024-2025 Grant Cycle)

AbilityPath - Adult Day Program - Pathways Health & Wellness	\$	60,000	Healthy Aging
AnewVista Community Services - Leveling the Tech Playing Field: Ensuring Seniors Have Equal Access to Information and Resources	\$	35,000	Healthy Aging
Burlingame Parks and Recreation - Let the Sunshine In	\$	50,000	Healthy Aging
CALL Primrose - Community Pantry	\$	60,000	Healthy Aging
Peninsula Family YMCA - Parkinson's Wellness Program	\$	60,000	Healthy Aging
Villages of San Mateo County - A Village Experience: Reimagining Aging through Connection, Purpose, and Mutual Support	\$	20,000	Healthy Aging
Vista Center for the Blind and Visually Impaired - Vision Loss Rehabilitation Program	\$	45,265	Healthy Aging
Burlingame RiteCare Childhood Language Center - Expansion	\$	30,000	Mental & Behavioral Health Grants
CASA of San Mateo County - Cultivating Mental Health and Wellness for Youth in the Foster Care and Juvenile Justice System	\$	60,000	Mental & Behavioral Health Grants
Changing Perspectives - Youth Mental Health Support through School-based Social-Emotional Learning	\$	15,000	Mental & Behavioral Health Grants
Child Mind Institute, Inc. - Empowering School Communities in Mental Health: Transforming Student Well-being in the PHCD Geographic Service Region	\$	20,000	Mental & Behavioral Health Grants
Community Overcoming Relationship Abuse (CORA) - Family Centered Mental Health Program	\$	60,000	Mental & Behavioral Health Grants
Foster City Village, Inc. - Inspired Aging	\$	15,000	Mental & Behavioral Health Grants

Heart & Soul, Inc. - Total Wellness Powered by Peers	\$	45,000	Mental & Behavioral Health Grants
Institute for Human and Social Development, Inc. (IHSD) - Early Childhood Mental Health Consultation Program	\$	43,881	Mental & Behavioral Health Grants
Kara - Bereavement Support, Grief Education, and Crisis	\$	30,000	Mental & Behavioral Health Grants
MELP/AbleCloset - Free Durable Medical Equipment for All	\$	50,000	Mental & Behavioral Health Grants
One Life Counseling Center - Training Providers and Serving Children Ages 0-12 with Mental Health Care and Supportive Services	\$	60,000	Mental & Behavioral Health Grants
Bay Area Community Health Advisory Council (BACHAC) - Community Mammogram Program and Breast Cancer Prevention Education	\$	60,000	Preventive Grants
Breathe California of the Bay Area, Golden Gate, and Central Coast - Seniors Breathe Easy	\$	40,000	Preventive Grants
Chinese Hospital - Health Education and Wellness Screening	\$	60,000	Preventive Grants
Each Green Corner - Living Campus	\$	55,000	Preventive Grants
El Concilio of San Mateo County - Health and Wellness Case Management Program	\$	50,000	Preventive Grants
First 5 San Mateo County - Help Me Grow San Mateo County	\$	60,000	Preventive Grants
Fresh Approach - From Knowledge to Nourishment: Bridging Nutrition and Food Access	\$	45,000	Preventive Grants
Healthier Kids Foundation - Hearing First	\$	35,000	Preventive Grants

The HEAL Project - Farm Field Trip for San Mateo County \$ 40,893 Preventive Grants

Via Heart Project - HeartSafe Community - Rescue Ready
AEDs in the Community in Need \$ 60,000 Preventive Grants

LifeMoves - Youth Summer Camp \$ 60,000 Preventive Grants

Deterra Drug Deactivation System Pouch and Awareness
Postcard Mailing Campaign - Comprehensive education
and evidence-based prevention program that addresses
accidental poisoning, misuse, and diversion of unused,
unwanted, and expired medications and other drugs in
the home. \$ 96,998 Preventive Grants

Sub-total (One-year Grants) Awarded: \$ 1,422,037

CGP Total (One and Two-Year Grants) Awarded: \$ 1,912,037

*Note: Small grants and other sponsorships budgeted at
\$100,000.*

SMALL GRANTS	AWARD	Focus Area(s)
Boys and Girls Club of North San Mateo County (BGCNSMC) - Afterschool Program Outcomes Initiative	\$ 8,500	Preventive Health/ Healthy Aging

Small Grants Total Awarded: \$ 8,500

SPONSORSHIPS	AWARD	Focus Area(s)
Burlingame Chamber of Commerce: 30th Annual Burlingame on the Avenue	\$ 6,000	Community Engagement/ Outreach
The Daily Journal - Senior Showcases (two in Burlingame, one in Foster City)	\$ 2,850	Community Engagement/ Outreach
Mills-Peninsula Hospital Foundation -Women's Health Luncheon & Lecture	\$ 6,000	Community Engagement/ Outreach

American Cancer Society - Relay for Life	\$	1,500	Community Engagement/ Outreach
Sonrisas Dental Health - 10th Annual Cooking for a Cause fundraiser	\$	1,500	Community Engagement/ Outreach
San Mateo Chamber of Commerce - Sept Art & Culture Fest	\$	2,500	Community Engagement/ Outreach
Rotary Club of Burlingame - Burlingame Rotary Annual Golf Tournament	\$	1,000	Community Engagement/ Outreach
National Alliance on Mental Illness (NAMI) San Mateo County - NAMIWalks San Mateo County	\$	2,500	Community Engagement/ Outreach
Millbrae Japanese Festival Committee - Millbrae Japanese Culture Festival	\$	500	Community Engagement/ Outreach
StarVista - Changing Lives 2024	\$	2,000	Community Engagement/ Outreach
National Center for Equine Facilitated Therapy (NCEFT) - Heroes & Horses Gala	\$	2,500	Community Engagement/ Outreach
Burlingame Chamber of Commerce - Annual Luncheon	\$	3,000	Community Engagement/ Outreach
Millbrae Cultural Committee - 2025 Millbrae Lunar New Year Festival	\$	2,000	Community Engagement/ Outreach
AbilityPath - Power of Possibilities	\$	5,000	Community Engagement/ Outreach
Samaritan House - An Enchanted Garden	\$	2,500	Community Engagement/ Outreach
Peninsula Jewish Community Center (PJCC) - Supporting Our Mental Wellness: Taking Care of Our Whole Selves (Shleimut)	\$	2,500	Community Engagement/ Outreach
San Mateo County Community Colleges Foundation - College of San Mateo President's Advocacy Council Dinner	\$	5,000	Community Engagement/ Outreach
LifeMoves - Annual Luncheon	\$	5,000	Community Engagement/ Outreach
Bay Area Community Health Advisory Council (BACHAC) - Soul Stroll (Community Initiatives)	\$	2,000	Community Engagement/ Outreach

Peninsula Family Service - 75th Birthday Celebration for Years of Community Service	\$	5,000	Community Engagement/ Outreach
San Mateo Police Activities League - PAL 5K Run/Walk and Wellness Fair	\$	5,000	Community Engagement/ Outreach
The Rotary Club of Millbrae - Millbrae Rotary Mayor's Cup Golf Tournament	\$	500	Community Engagement/ Outreach
Peninsula Family Service - Seniors' Spectacular Fair	\$	10,000	Community Engagement/ Outreach

Sponsorships Total Awarded: \$ 76,350

Grand Total Awarded for 2024-2025: \$ 2,821,624

Total Budget: \$ 3,000,000



**BOARD OF DIRECTORS
COMMUNITY HEALTH INVESTMENT
COMMITTEE CHARGE
2025**

Purpose:

The Committee acts as an advisory body to the Board by identifying and vetting opportunities to invest public funds in programs and services that will address the health needs of its constituents. The Committee's work is guided by the Board's vision, mission, and strategic direction and helps to ensure the District's investments address priority needs and achieve measurable improvements in the health outcomes of its residents.

The Committee advises the Board on District programs such as, but not limited to: Annual Community Grants, Community Education, multi-year Special Initiative recommendations, and Workforce Tuition Assistance.

Primary Functions:

1. Advising Board on community needs and District-proposed programs and projects to address those needs.
2. Conducting an annual review of the District's Community Health Investment programs.
3. Evaluating proposals for new Community Health Investment programs and Special Initiatives proposed by the Board, Strategic Direction Committee or District Staff.
4. Serving as the primary workgroup for the District's Community Grants Program including reviewing processes and procedures, reviewing, and evaluating grantee proposals, making funding recommendations to the Board, and reviewing grantee reports.
5. Serving as ambassadors to the District by promoting the District's Community Health Investment programs and services to the community.

Membership:

The Committee is comprised of two representatives from the District Board and a minimum of six active community leaders that reflect a range of professional skills and experience in such areas as health care, social services, grantmaking, development, and public policy and represent the geography of the District, as well as racial, ethnic, and gender diversity of constituents. The District's Strategic Initiatives Director (SID) will serve as staff to the Committee. The District's CEO and SID will serve as non-voting members.

The Committee will be chaired by a Director of the PHCD Board. As an advisory body to the Board, the Board retains approval authority. Community Committee members serve 3-year terms and can be re-appointed for one 3-year term before cycling off for at least one year. As an exemption, for the 2023-2024 grant cycle, members were appointed for a one-year term. Returning members are up for consideration for 2 more years to complete a full term of three years.

Members and Terms:

Rick Navarro, Director, Chair
Henry Sanchez, Director, Vice Chair

Kevin Martinez	2023-2025 (1 st term), 2025-2026 (2 nd term)
Bryan Neider	2023-2025 (1 st term), 2025-2026 (2 nd term)
Susan Baker	2023-2025 (1 st term), 2025-2026 (2 nd term)
Crystal Miran	2024-2026 (1 st term)
Karrie Mitchell	2024-2026 (1 st term)
Bonnie Jue	2024-2026 (1 st term)

Approved by Board of Directors 10/18/07
Revised and Approved 10/23/10
Revised and Approved 2/28/2013
Revised and Approved 5/30/15
Revised and Approved 8/29/2017
Revised and Approved 9/20/2018
Revised and Approved 1/16/2019
Revised and Approved 8/7/2023
Revised 7/11/2024 and Approved 07/15/2024



Community Grants Program Policy, Guidelines, Eligibility

Policy

The Peninsula Health Care District exists to address the health needs of our residents. It carries this out through a vigilant monitoring of resident health and seeks opportunities to promote health, ensure access to needed health services, and achieve equity in health outcomes. It achieves this through a variety of health investment strategies from directly providing services and facilities to partnering with service providers through funding support to community-based organizations that address the identified needs of our residents. The Community Grants Program is one of the overall District community health benefit strategies established to recognize and support the essential contribution non-profit organizations make to the health ecosystem.

Our Approach

Peninsula Health Care District seeks organizations that share our mission to support our residents achieving their optimal health and wellness through education, prevention and access to basic health services. We view funding as a partnership. We acknowledge that each community has different strengths and challenges, and we work to tailor our support accordingly. The Community Grants Program is seeking innovative programs that:

- Align with the District's Mission, Vision, and Strategic Priorities
- Improve the health and well-being of District residents as demonstrated by measurable outcomes
- Emphasize a preventive approach
- Address health disparities and promote health equity
- Leverage additional funding to support the program
- Collaborate with other agencies or local government

Guidelines & Eligibility

1. Supports non-profit 501(c)(3) organizations and public agencies that will directly serve residents of San Bruno, Millbrae, Burlingame, Hillsborough, San Mateo, and/or half of Foster City and a small southeast corner of South San Francisco.
2. Programs and services that fall within the scope of public health and health care.
3. Grants are made in the range of \$10,000 – \$70,000.

4. Only one grant per applicant organization will be considered.
5. Organizations are eligible to apply for a one-year grant and will be required to make a mid-term and an end-of-term report.
6. Supports direct program costs and consideration given to indirect costs up to 12%.
7. Cannot be used for research projects, fundraising campaigns or events.
8. General operating support will be considered if metrics are identified to increase or improve reach and impact.

Community Grants Program - Focus Areas and Priorities

1. Mental & Behavioral Health Grants
 - Pediatric Mental & Behavioral Health (K-6)
 - Senior Mental Health
 - Reduction of Adverse Child Events (ACE's) and Toxic Stress
2. Preventive Health Grants
 - Health Education
 - Diabetes Programs (Preventive services and support)
 - Screening Programs
 - Evidence-based and/or Innovative Programs that increase access to Preventive Services and Support
3. Healthy Aging across the Lifespan Grants
 - Healthy Eating and Nutrition
 - Physical Activity
 - Socialization for Seniors
 - Caregiver Support

2026 Grant Cycle Timetable

Letter of Interest posted	Wednesday, August 13, 2025
Letters of Interest due	Wednesday, August 27, 2025 by 11:59 pm
Full Grant applications due	Monday, October 27, 2025 by 11:59 pm
Committee grant review	Monday, November 17, 2025
Board of Directors approval	Thursday, December 11, 2025

Community Grants Budget 2026

Community Health Investment Grants Portfolio

Impact Partnership Grants (3-Year Grants)	\$ 1,100,000	Not committed but projected if renewed with CPI Increase
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Samaritan House	\$ (336,462)
Mission Hospice	\$ (182,021)
Lucile Packard Teen Van	\$ (189,630)
AgeUp, Inc. (Ombudsman Services of San Mateo County)	\$ (77,221)
San Bruno Park School District - Wellness Coordinator	\$ (78,750)

Impact Partnership Grants Funds*

\$ 1,021,250

**Impact Partner Category includes an annual inflation clause limited to the lesser of CPI or 5%. Remaining amount reflects a potential difference, and not available funds.*

Community Grants	\$ 1,750,000
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Two-Year and One-Year Grants

Community Grants Available Funds \$ 1,750,000

Community Support Funds FY25-26	\$ 100,000
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Other Grants and Contributions, including Small Grants and Sponsorships

Community Support Available Funds \$ 100,000

Health Care Workforce Funds	\$ 50,000
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Tuition Assistance Program \$ -

Community Support Available Funds \$ 50,000

Total Budget for 2026 \$ 3,000,000
Total Available for 2026 \$ 2,921,250



**Letter of Interest and Full Application
Review Criteria**

1. Organization name
2. Serves PHCD residents
3. Addresses one Grant Focus Area and at least one related Priority, and integrates a Health Equity lens leveraging local and organization data and insights:

Grant Focus Areas	Priorities
Mental & Behavioral Health	• Pediatric Mental & Behavioral Health (K-6) • Senior Mental Health • Reduction of Adverse Child Events (ACE's) and Toxic Stress
Preventive Health	• Health Education • Diabetes Programs (Preventive services and support) • Screening Programs • Evidence-based and/or Innovative Programs that increase access to Preventive Services and Support
Healthy Aging across the Life Span	• Healthy Eating and Nutrition • Physical Activity • Socialization for Seniors • Caregiver Support

4. Clear, strong program description and associated activities
5. Request within range - \$10,000 -\$70,000
6. How funds will be used
7. Total budget - involves leverage additional funding to support the program
8. Location program will take place (city and zip codes for PHCD service area)
9. Demographics of community to be served

10. How the program will address health disparities and promote health equity
11. Projected number of people to be served with this funding request
12. Percentage of the projected number reside in PHCD
13. Measurable outcomes
14. Q2 report submitted on time (if a returning grantee, we would need to make sure they submitted their mid-year report due in July)
15. Collaborate with other agencies and/or local government
16. Will requested funds launch, maintain or expand this program
17. Measurement tools used to track impact
18. Organization's history with PHCD

PHCD Historical Criteria

Consideration will be given to organizations that:

1. Adhere to the Board's principles and guidelines
2. Serves District residents
3. Meets the needs of underserved, vulnerable communities
4. Addresses one health priority
5. Innovative approach
6. Achievable outcomes
7. Strong organization's history and track record



**Community Health Investment Committee
2025 Meeting Schedule & Work Plan**

Monday, July 21 at 5:00 pm - Meeting #1 (1.5 hours)

1. Present 2026 funding priorities – Mental and Behavioral Health Grants, Preventive Health Grants, Healthy Aging Across the Lifespan Grants
2. Review meeting schedule & work plan
3. Review programs under oversight of CHI Committee
4. Impact Partners Grant Applications & Presentations

Monday, October 6 at 5:00 pm - Meeting #2 (2 hours)

1. Review Letters of Interest (LOI) for One- and Two-year Applications
2. Determine which organizations advance to application stage

Monday, October 27 – Applications due

Wednesday, October 29 – Application review begins in Zengine

Friday, November 14 – Application review completed

Monday, November 17 at 5:00 pm - Meeting #3 (2 hours)

1. Application + materials presented by reviewer
2. Committee discussion
3. Recommendations finalized for December 11th Board meeting