

BOARD OF DIRECTORS MEETING MINUTES 6:30 pm Thursday, March 23, 2023 1819 Trousdale Dr. Burlingame, Ca 94010 (Classroom)		
<u>Directors Present</u> Chair Cappel Vice-Chair Pagliaro Secretary Zell Director Sanchez	<u>Directors Absent</u> Director Navarro	<u>Also, Present</u> Counsel Mark Hudak Presenters: Eric Ryan, Mission Met Facilitator, Maria Mortati, Resilient Environment
<p>1. CALL TO ORDER & ROLL CALL: Chair Cappel called the meeting to order at 6:39 pm. Roll call attendance was taken. A quorum was present.</p>		
<p>2. PUBLIC COMMENT/NON-AGENDA ITEMS: No Public comments were offered.</p>		
<p>3. Report out from Closed Session: 3/3/23, 3/15/23 & 3/23/2023: Chair Cappel reported discussions for the last three meetings focused on Peninsula Wellness Community negotiations.</p> <p>Chair Cappel introduced the new Peninsula Health Care District’s CEO, Ana Maria Pulido</p> <p>Ana Maria Pulido introduced herself, thanked the Board for the opportunity to join the staff, and is looking forward to collectively continuing to build upon the legacy and success the District has established.</p>		
<p>4. Consent Calendar:</p> <ul style="list-style-type: none"> a. Board Meeting Minutes – February 23, 2023 b. Finance Meeting Minutes – November 30,2023 & January 4, 2023 c. Account Transactions – February 2023 d. Treasurer’s Report – February 2023 <p>Vice-Chair Pagliaro asked CFO Yee about a transaction on the financial statements in the Board packet on page 15 for \$104k to KBM Hogue.</p> <p>CFO Yee responded that the transaction was for 50% of the allcove™ furniture purchase.</p> <p>Motion to approve the Consent Calendar as presented Motion: By Director Sanchez; Seconded By Vice-Chair Pagliaro Vote: Ayes – Cappel, Pagliaro, Zell, Sanchez Noes - 0 Abstain - 0 Motion Passed: - 4/0/0</p>		
<p>5. Old Business:</p> <p>A. Strategic Planning Board & Management Retreat- Summary from Retreat and Proposed Plan Outline of 3-year Plan for Discussion and Next Steps: CED Wasson and Facilitator Eric Ryan from Mission Met</p>		

[Presentation appended to and made part of these minutes.]

Draft Framework for 2023-25 Strategic Plan

- Vision: All District residents are living their optimal health
- Mission: Supporting residents in achieving optimal health and wellness through education, prevention, advocacy, and safeguarding community access to basic health services
- Core Values: Collaboration, Stewardship, Inclusion, and Transparency

Five Focus Areas

- Preventive Health
- Mental Health
- Dental Health
- Senior Health
- Integrated Services

Two Strategic Themes

2023/2024 - Strategic Framework for Programs: Create a common strategic framework for each of the core programs with a focus on establishing metrics and funding support commensurate with the community benefit.

2025 - Key Metrics: Establish and begin tracking success on a set of key health metrics for the District in each focus area.

Next Steps

- Staff to review and provide feedback and edits on goals
- Planning committee to discuss and provide feedback as needed
- Board approves the plan, and it is captured in Mission Met Center software
- Consultants to provide follow-up support and ensure alignment with the new CEO

B. Proposal to Extend Economic Planning Services Contract for PWC Project Financial Analytics and Consulting: CEO Fama

CEO Fama proposed to extend the economic service contract for the Peninsula Wellness Community Project Financial Analytics and Consulting.

Motion to approve Proposal to Extend Economic Planning Services Contract for PWC Project Financial Analytics and Consulting; Additional budget request not to exceed \$50,000 without prior authorization.

Motion: By Vice Chair Pagliaro; Seconded By Director Zell

Vote: Ayes – Cappel, Pagliaro, Zell, Sanchez

Noes - 0

Abstain - 0

Motion Passed: - 4/0/0

C. Hub Project Progress Report: CEO Fama and Alexis Denton, Resilient Environment

CEO Fama introduced Maria Mortati, who provided the Board with an update on the Hub Project progress, in Alexis Denton's absence.

Maria Mortati stated that since the approval of phase two of the Hub development, a list of District folks and associates was created to form two groups of Board members/CEO and an Advisory team consisting of county stakeholders and advisors. Lastly, Ms. Mortati reported a webpage and informational document about the HUB development are in progress.

Discussion:

Has there been any clarification in terms of the actual services the Hub will provide?

The proposal that was approved by the Board at the previous meeting projected a 3-month project. The deliverables consist of potential partners and a business Proforma. The timeline for a more detailed answer regarding the services would be in 3 months depending on the progress.

6. New Business:

A. Announcement of Selection of New CEO and Approval of Three-year Employment Contract at \$226K: Chair Cappel

Chair Cappel introduced **Ms. Ana Maria Pulido** as the Board's selection to serve as the new CEO of the Peninsula Healthcare District. He also detailed the different aspects of the Board's hiring process that led to **Ms. Ana Maria Pulido's** unanimous nomination. He asked for the Board's approval of the selection.

Motion to approve Selection of Ana as New CEO and Approval of a Three-Year Employment Contract with a salary of \$226k.

Motion: By Director Sanchez; Director Zell

Vote: Ayes – Cappel, Pagliaro, Zell, Sanchez

Noes - 0

Abstain - 0

Motion Passed: - 4/0/0

B. Proposal to Purchase 1764 Marco Polo Way, Burlingame: Chair Cappel

Counsel Hudak reported once a formal purchase and sale agreement is executed, it will come before the Board for transparency, discussion, and formal approval.

C. Proposal on Location for Returning to In-Person Board Meetings and Affirmation to Continue Recording Board Meetings with Hybrid Capability: DOB Stephanie Arevalo

DOB Arevalo-Rodriguez stated that the Burlingame and Millbrae chambers continue to be limited in offering hybrid capabilities and recommended Board continue to meet at the District office over the next three months until hybrid capabilities are offered at one of the chambers. DOB Arevalo-Rodriguez also noted a decision needed to be made if the Board would continue to record monthly board meetings and make them and continue to make them available on the District website.

Counsel Hudak inquired about the Town of Hillsborough chamber limitations. Office Assistant Theodoropoulos responded that the Town of Hillsborough would not allow any public to hold hybrid meetings.

Public Comment:

Maria Mortati commented that she would like the meetings to continue being recorded because the Board has been working on innovative projects such as the Hub that the public can look back on and observe how the process of bringing it to fruition, developed and progressed.

Motion to approve continued recordings of Board meetings with Hybrid Capabilities

Motion: By Director Zell; Vice Chair Pagliaro

Vote: Ayes – Cappel, Pagliaro, Zell, Sanchez

Noes - 0

Abstain - 0

Motion Passed: - 4/0/0

D. CEO's 2022 Annual Performance Review and Proposed Compensation: Chair Cappel

Chair Cappel gave a summary of the Board's process in evaluating **CEO Fama's** performance during the past year. Programs such as the PHCD's vaccination clinics, allcove™ center, and the growth of social media and communications outreach have flourished in the past year. **CEO Fama** was able to coordinate all aspects of the PWC development, serve as the Sonrisas Dental Health CFO, and served on Burlingame/Millbrae age-friendly task forces. **CEO Fama** also introduced the RIP medical debt relief program and recruited San Mateo Medical Center as a partner, which led to over 14,000 residents having their medical debt completely removed from their records. She also represented the District on many County and State committees such as the Strategic Direction Oversight Committee, Commission on the Status of Women, Countywide Oral Health Committee, and Women's Rotary.

Motion to Approve CEO Proposed Compensation of \$300,017

Motion: By Director Sanchez; Director Zell

Vote: Ayes – Cappel, Pagliaro, Zell, Sanchez

Noes - 0

Abstain - 0

Motion Passed: - 4/0/0

7. Reports:**a. Board Standing Committees:****Finance-March 7, 2023**

Director Zell reported that after meeting with the Mickelson Therapy Pool Ad hoc committee, they received news from Sutter Health that the pool will be reopened and at this time, Sutter is soliciting bids for repairs. Lastly, **Director Zell** reported that the finance committee is reviewing a proposal for earthquake insurance and has requested an earthquake risk assessment. The committee is also considering paying down The Trowsdale construction debt. Both items will be revisited at a future meeting for further analysis.

Strategic Direction Oversight – No report, next meeting May 3, 2023

Community Health Investment – No report, next meeting August 7, 2023

B. Board Chair and Director Reports

Director Sanchez reported that the Sonrisas Board of Directors met on March 16th and he was sworn in to serve on their Board.

C. Staff Reports

YOS Jackie Almes updated the Board that she is currently working on the color theory behind the acceptable color palate of the allcove™ center and the signage ensuring everything complies with the branding guidelines.

FCD, Ms. Marheineke thanked **CEO Fama** and welcomed **Ms. Ana Maria Pulido** to the team.

Chair Cappel asked **Ms. Marheineke** if she has seen an increase in enrollment at the Fitness Center to which she replied that the numbers have been steady.

DOB Stephanie Arevalo Rodriguez reported that she is working on the Trousdale assisted living marketing and she has been meeting with the Eskaton marketing team monthly. The District began advertising in the San Mateo Daily Journal and The Palo Alto Daily Post in early March. She has also sent out the Quarterly Direct Mailer and is scheduled to meet on April 12th with the Eskaton team to discuss marketing outcomes and design. She thanked **CEO Fama** for her work and mentorship throughout the past five and a half years.

CFO Yee shared that with the breaking news of the Silicon Valley Bank collapse, she ensured the Board that District funds at Heritage Bank are fully FDIC insured.

CED Wasson reported that the Covid-19 campaign is wrapping up and has completed eight vaccination clinics over the last 14 months. CED Wasson also announced that Chair Cappel will join Fiona Ma on April 7th at a press conference to discuss the importance of the new CDC universal screening recommendation for hepatitis B. Lastly, CED Wasson thanked the Board and **CEO Fama** for the opportunity to serve as the District's Director of Community Engagement and to have been the person appointed to be in the field, directly serving the health and wellness needs of the District's residents.

CEO Fama updated the Board that The Trousdale Assisted Living is currently at 78% capacity and noted additional metrics were identified to move forward effectively with the marketing of The Trousdale. Ms. Fama noted that staff is currently working with Active Wellness and the Activate program to increase membership and offer additional programs. Lastly, **CEO Fama** thanked the Board for the opportunity to lead the District and spoke on all programs accomplished throughout her years of service. She expressed how much she loved serving as CEO of the Peninsula Healthcare District and her gratitude for the staff's hard work. She also thanked the Board and staff for all the support and kind words as she transitions into retirement.

9. CORRESPONDENCE & MEDIA:

Chair Cappel encouraged everyone to review the correspondence and media section in their Board Packet and asked if anyone had any questions.

10. ADJOURN: Chair Cappel adjourned the meeting at 8:22 pm.

Written by: Voula Theodoropoulos

Approved by: _____

Lawrence W. Cappel, Board Chair

**Peninsula Health Care District
Checking Transactions
March-23**

Date	Description	Deposit	Withdraw
Admin			
3/1/2023	County of San Mateo, CA	23,398.54	
3/2/2023	SC Property Management		30,215.00
3/3/2023	Oropeza's Landscaping & Maintenance		450.00
3/3/2023	Recology		82.04
3/3/2023	City of Burlingame Water Dept		105.48
3/3/2023	Streamline		300.00
3/3/2023	Iron Mountain		528.94
3/3/2023	CalPERS Pension		7,478.12
3/6/2023	Fund TRF from SVB to HB to close acct	472,245.28	
3/7/2023	Fund TRF from Admin to PWC		50,000.00
3/9/2023	FSA Payment		5.00
3/10/2023	Allied Administrators for Delta Dental		1,722.45
3/10/2023	Precision Digital Networks		7,506.65
3/10/2023	KBA Document Solutions, LLC		144.81
3/10/2023	PURCOR Pest Solutions		95.00
3/10/2023	RCG Architecture		2,775.00
3/10/2023	Mission Met, LLC		8,000.00
3/10/2023	Foster City Chamber of Commerce		540.00
3/10/2023	Vickie Yee		80.00
3/10/2023	Ability Path		5,000.00
3/10/2023	Samaritan House		152,500.00
3/10/2023	CalPERS Pension		91.45
3/10/2023	Paychex		375.01
3/13/2023	Mission Hospice & Home Care		82,500.00
3/13/2023	Shantar Alarcon		865.96
3/13/2023	California Public Employees Retirement		17,019.05
3/14/2023	Paychex Payroll 3/15/23		32,922.28
3/15/2023	Payroll Taxes 3/15/23		17,288.04
3/15/2023	Workers Compensation Insurance Payroll		230.87
3/15/2023	Cardmember Service		2,164.86
3/17/2023	J & E Pro Cleaning and Handy Services		825.00
3/17/2023	Comcast		511.22
3/17/2023	PG&E		1,007.77
3/17/2023	Best Best & Krieger, LLP		375.00
3/17/2023	Mark D. Hudak		5,985.00
3/17/2023	Albertsons Companies		1,324.00
3/17/2023	U. S. Bank Equipment Finance		272.09
3/17/2023	UNUM Life Insurance Company of America		448.60
3/17/2023	StarVista		2,500.00
3/17/2023	Anna Naufahu	150.00	
3/17/2023	Eddie Flores	51.75	
3/17/2023	Paychex		85.00
3/20/2023	Paychex		120.00
3/20/2023	CalPERS Pension		7,387.81
3/20/2023	Heritage Bank		149.59
3/24/2023	Avelar		1,965.00
3/24/2023	Peninsula Volunteers, Inc		4,160.00
3/24/2023	Ralls Gruber & Niece LLP		16,917.50
3/24/2023	San Mateo County Community Colleges Foundation		5,000.00

Date	Description	Deposit	Withdraw
3/24/2023	Nancy Bush Design		6,206.25
3/24/2023	Parent Venture		10,000.00
3/30/2023	County of San Mateo, CA	18,008.66	
3/30/2023	Paychex Payroll 3/31/23		38,005.55
3/31/2023	County of San Mateo, CA	413,965.65	
3/31/2023	CalPERS Pension		91.33
3/31/2023	CalPERS Pension		7,194.17
3/31/2023	Interest	196.53	
3/31/2023	Payroll Taxes 3/31/23		21,602.74
3/31/2023	Workers Compensation Insurance Payroll		250.49
		928,016.41	553,370.12

Health Fitness

3/3/2023	Crothall Laundry Services Inc.		238.47
3/3/2023	KBA Document Solutions, LLC		58.39
3/3/2023	Joan Sanchez		160.00
3/3/2023	Recology		88.54
3/3/2023	City of Burlingame Water Dept		193.96
3/3/2023	City of Burlingame Water Dept		8.00
3/3/2023	Bay Alarm		455.61
3/3/2023	Bay Alarm		344.67
3/3/2023	Streamline		50.00
3/6/2023	Fund TRF from SVB to HB to close acct	19,302.39	
3/10/2023	Mindbody Merchant Processing		341.66
3/15/2023	Cardmember Service		843.69
3/17/2023	J & E Pro Cleaning and Handy Services		1,150.00
3/17/2023	PG&E		947.41
3/17/2023	Crothall Laundry Services Inc.		238.47
3/17/2023	U. S. Bank Equipment Finance		77.40
3/17/2023	AT&T		216.92
3/24/2023	Gym Doctors		340.00
3/24/2023	KBA Document Solutions, LLC		16.44
3/31/2023	Interest	10.53	
3/31/2023	Health and Fitness Member Deposit March 2023	11,492.44	
		30,805.36	5,769.63

Leasing

3/3/2023	Oropeza's Landscaping & Maintenance		480.00
3/3/2023	Western Allied Mechanical, Inc.		1,290.00
3/3/2023	Baca & Sons Ptg. Inc.		989.76
3/3/2023	City of Burlingame Water Dept		84.03
3/3/2023	Ralph Barsi		2,000.00
3/3/2023	City of Burlingame Water Dept		630.68
3/3/2023	Recology		570.55
3/3/2023	City of Burlingame Water Dept		402.79
3/3/2023	Recology		354.17
3/3/2023	City of Burlingame Water Dept		207.36
3/10/2023	PURCOR Pest Solutions		520.00
3/15/2023	Cardmember Service		84.00
3/17/2023	Central Roofing Inc.		9,500.00
3/17/2023	J & E Pro Cleaning and Handy Services		1,954.10
3/17/2023	PG&E		3,459.08
3/17/2023	Bleyle Elevator, Inc		95.00
3/17/2023	One Life Counseling Service	1,300.00	

Date	Description	Deposit	Withdraw
3/17/2023	Ross Williams, DDS	2,083.19	
3/17/2023	Houn Young Kim, DDS	2,015.71	
3/17/2023	Ability Path	6,628.00	
3/17/2023	Burlingame Therapeutic Associates	2,729.90	
3/17/2023	Dr. Chan Dental	4,043.79	
3/17/2023	Carol Tanzi & Associates	500.00	
3/17/2023	Eugene Kita, DDS	1,563.00	
3/17/2023	Preferred Prosthetics Inc.	2,797.65	
3/17/2023	Patricia Dugoni, CPA	2,400.00	
3/17/2023	Zoya Galant, DDS	2,333.61	
3/17/2023	April Lee, DDS	2,719.14	
3/17/2023	Bay Area Foot Care	3,224.00	
3/24/2023	Western Allied Mechanical, Inc.		1,084.99
3/24/2023	Bellanti Plumbing		440.00
3/31/2023	Interest	143.87	
		34,481.86	24,146.51
PWC			
3/3/2023	Streamline		25.00
3/7/2023	Fund TRF from Admin to PWC	50,000.00	
3/10/2023	Resilient Environment, LLC		595.00
3/17/2023	Precise Printing & Mailing, Inc.		435.14
3/17/2023	Mark D. Hudak		585.00
3/17/2023	Resilient Environment, LLC		3,750.00
3/24/2023	Economic & Planning Systems, Inc.		6,177.50
3/24/2023	Nancy Bush Design		1,068.75
3/31/2023	Interest	6.74	
		50,006.74	12,636.39
Trousdale			
3/1/2023	Heartland Merchant Account		1,109.58
3/3/2023	Eskaton Properties Inc		1,048,430.19
3/3/2023	Eskaton Properties Inc		0.00
3/6/2023	Fund TRF from SVB to HB to close acct	12,038.86	
3/10/2023	Eskaton Properties Inc		65,622.27
3/13/2023	Trousdale Tenant Deposit	36,951.40	
3/13/2023	Trousdale Tenant Deposit	37,017.00	
3/14/2023	Trousdale Tenant Deposit	5,000.00	
3/14/2023	Trousdale Tenant Deposit	62,033.00	
3/14/2023	Trousdale Tenant Deposit	80,778.51	
3/17/2023	Eskaton Properties Inc		18,981.94
3/17/2023	Trousdale Tenant Deposit	34,723.00	
3/20/2023	Trousdale Tenant Deposit	605,238.28	
3/21/2023	Trousdale Tenant Deposit	31,077.57	
3/22/2023	Trousdale Tenant Deposit	12,814.50	
3/22/2023	Trousdale Tenant Deposit	5,000.00	
3/24/2023	Eskaton Properties Inc		136,553.03
3/28/2023	Trousdale Tenant Deposit	14,806.15	
3/30/2023	Trousdale Tenant Deposit	10,000.00	
3/31/2023	Trousdale Tenant Deposit	5,000.00	
3/31/2023	Interest	191.11	
		952,669.38	1,270,697.01

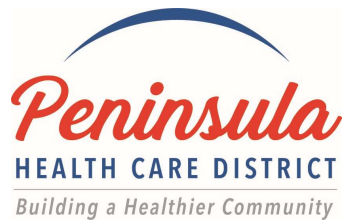
STATUS OF CURRENT YEAR TAX REVENUES

Total As Of <u>3/31/2023</u>	Estimated FY 22-23 <u>Tax Revenue</u>
<u>\$ 6,157,940</u>	<u>\$ 7,800,000</u>

Board Designated Invested Funds

	Rate Last QTR	Fees Paid Fiscal YTD	Cost Basis		Market Value
			<u>2/28/2023</u>	<u>3/31/2023</u>	<u>3/31/2023</u>
Torrey Pines - 3yr CD (mature 1/31/24)	0.450%		3,144,952	3,148,519	3,148,519
Fiduciary Trust	*	4,313	1,664,642	1,669,715	1,668,064
City National Bank	*	26,415	26,668,127	26,711,402	25,888,034
Local Agency Investment Fund	2.627%		5,805,941	5,805,941	5,805,941
San Mateo County Pool Investment	2.407%		<u>3,566,357</u>	<u>3,566,357</u>	<u>3,566,357</u>
			<u>40,850,019</u>	<u>40,901,934</u>	<u>40,076,915</u>

* Yield to maturity



DATE: April 8, 2023
 TO: PHCD Board of Directors
 FROM: Vickie Yee, CFO
 SUBJECT: Investment Quarterly Report – 3/31/2023

To comply with our Statement of Investment Policy and Government Code 53646, included in this report are our investment holdings as of 3/31/2023 and two bank statements: Local Agency Investment Fund and San Mateo County Fund.

Fiduciary Trust Holdings as of 3/31/23					
Asset Category	Asset Name	Quantity	Mkt Price	Mkt Value	Cost Basis
CORPORATE BONDS-DOMESTIC	WALT DISNEY CO/THE SENIOR NOTE CALLABLE 07/30/2024 @ 100 DTD 09/06/2019 1.75% 08/30/2024	130,000	96.286	125,171	129,470
INTEREST BEARING ACCOUNT	USD Cash	100,115	100.000	100,115	100,115
U.S. TREASURY BILLS	STIP 1: US TREASURY ONLY DTD 8/31/2003	946,000	100.000	946,000	946,000
U.S. TREASURY BILLS	UNITED STATES TREASURY BILL DTD 12/1/2022 6/1/2023	100,000	99.257	99,257	98,799
U.S. TREASURY BILLS	UNITED STATES TREASURY BILL DTD 12/22/2022 6/22/2023	200,000	98.979	197,958	197,637
U.S. TREASURY BILLS	UNITED STATES TREASURY BILL DTD 04/21/2022 04/20/2023	200,000	99.781	199,562	197,695
				1,668,064	1,669,715

City National Bank Holdings as of 3/31/23					
Asset Type	Asset Name	Quantity	Mkt Price	Mkt Value	Cost Basis
CORPORATE BONDS-DOMESTIC	BANK OF AMER MTN V-Q 3.458% 3/15/25	450,000	97.894	440,523	460,259
CORPORATE BONDS-DOMESTIC	COMCAST CORP 3.950% 10/15/25	265,000	98.873	262,013	285,185
CORPORATE BONDS-DOMESTIC	CITIGROUP INC V-Q 3.352% 04/24/25	455,000	97.460	443,443	465,594
CORPORATE BONDS-DOMESTIC	JPMORGAN CHASE V-Q 4.023% 12/05/24	440,000	99.025	435,710	449,167
FOREIGN BONDS	SANTANDER UK PLC 4.000% 3/13/24	345,000	98.328	339,232	354,988
FOREIGN BONDS	BK MONTREAL MTN CONV 3.300% 2/05/24	440,000	98.111	431,688	448,886
FOREIGN BONDS	HSBC HOLDINGS V-Q 3.950% 5/18/24	445,000	99.639	443,394	446,747
FOREIGN BONDS	BANK OF NOVA SCOTIA 1.300% 6/11/25	225,000	92.213	207,479	227,797
FOREIGN BONDS	SUMITOMO MITSUI FINL 1.474% 7/08/25	495,000	91.571	453,276	496,844
FOREIGN BONDS	CANADIAN IMPERIAL BK 2.250% 1/28/25	445,000	95.040	422,928	453,617
MONEY MARKET SWEEP FUNDS	CITY NATL ROCHDALE GOV MM-SV	844,941	100.000	844,941	844,941
MONEY MARKET SWEEP FUNDS	CNB DEPOSIT SWEEP	250,000	100.000	250,000	250,000
MUNICIPAL BONDS	WISCONSIN ST 0.361% 5/01/24	325,000	95.426	310,135	325,000
U.S. AGENCIES	FNMA 2.625% 9/06/24	455,000	97.623	444,185	469,895
U.S. AGENCIES	FNMA 2.875% 9/12/23	235,000	99.097	232,878	237,751
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.500% 8/15/23	345,000	99.133	342,009	347,969
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.750% 11/15/23	570,000	98.746	562,852	579,036
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.375% 8/15/24	515,000	97.336	501,280	530,095
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 1.375% 9/30/23	340,000	98.383	334,502	342,065
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.875% 9/30/23	480,000	99.129	475,819	486,310
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.000% 8/15/25	125,000	95.668	119,585	130,080
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.875% 11/30/23	845,000	98.801	834,868	858,741



U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.625% 12/31/23	830,000	98.500	817,550	842,804
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.125% 3/31/24	830,000	97.594	810,030	843,481
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.250% 3/31/26	500,000	95.637	478,185	520,017
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 1.250% 8/31/24	725,000	95.754	694,217	732,712
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.750% 6/30/25	570,000	97.320	554,724	600,231
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.000% 6/30/24	875,000	97.031	849,021	889,444
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.750% 4/30/23	400,000	99.846	399,384	400,826
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 0.250% 5/31/25	265,000	92.273	244,523	263,220
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 0.250% 7/31/25	615,000	91.832	564,767	611,990
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 0.250% 9/30/25	500,000	91.512	457,560	493,337
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 0.250% 11/15/23	900,000	97.254	875,286	898,245
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 0.375% 11/30/25	280,000	91.219	255,413	278,742
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 0.125% 10/15/23	915,000	97.566	892,729	912,168
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 0.625% 7/31/26	675,000	90.203	608,870	638,232
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 0.125% 7/31/23	1,650,000	98.488	1,625,052	1,633,454
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 0.750% 12/31/23	325,000	97.074	315,491	324,559
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 1.750% 3/15/25	625,000	95.648	597,800	615,542
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.500% 5/31/24	800,000	97.758	782,064	793,161
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 3.000% 7/31/24	1,650,000	98.180	1,619,970	1,646,682
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 4.500% 11/15/25	400,000	101.477	405,908	402,647
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 4.125% 1/31/25	1,000,000	99.973	999,730	990,991
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 4.000% 2/15/26	1,325,000	100.414	1,330,486	1,313,017
U.S.TREASURY BILLS	U.S. TREASURY BILLS 9/07/23	90,000	97.959	88,163	86,706
U.S.TREASURY BILLS	U.S. TREASURY BILLS 9/28/23	500,000	97.674	488,370	488,227
				25,888,034	26,711,402

California State Treasurer
Fiona Ma, CPA



Local Agency Investment Fund
P.O. Box 942809
Sacramento, CA 94209-0001
(916) 653-3001

April 08, 2023

[LAIF Home](#)
[PMIA Average Monthly Yields](#)

PENINSULA HEALTH CARE DISTRICT

CEO
1819 TROUSDALE DRIVE
BURLINGAME, CA 94010

[Tran Type Definitions](#)

Account Number: 20-41-002

March 2023 Statement

Account Summary

Total Deposit:	0.00	Beginning Balance:	5,805,941.20
Total Withdrawal:	0.00	Ending Balance:	5,805,941.20



San Mateo County Treasurer
555 County Center
Redwood City, 94063
(650) 599-1251 or (650) 599-7206

Statement Ending Date: 3/31/2023
Account: 03407



Peninsula Health Care District - 03407

DATE	DESCRIPTION	DEBITS	CREDITS	ACCOUNT BALANCE
2/28/2023	Balance brought forward			\$3,566,357.18
3/31/2023	Ending Balance			\$3,566,357.18

Peninsula Health Care District
Statement of Activities - Preliminary Draft

	Quarter Ending 03/31/2023			Year To Date 03/31/2023			Year Ending 06/30/2023
	Actual	BUDGET	Budget Diff	Actual	BUDGET	Budget Diff	BUDGET
Change In Net Assets							
Revenue							
San Mateo County Tax	1,173,731	870,000	303,731	6,157,940	5,200,000	957,940	7,800,000
Rental Income							
Lease Income - Hospital	438,339	543,546	(105,207)	1,315,016	1,630,638	(315,622)	2,174,184
Lease Income - 1720 Marco Polo	40,450	40,200	250	122,211	120,600	1,611	160,800
Lease Income - 1740 Marco Polo	62,802	67,800	(4,998)	200,949	203,400	(2,451)	271,200
Lease Income - 111-113 16th St.	0	0	0	0	1	(1)	1
Total Rental Income	541,591	651,546	(109,955)	1,638,176	1,954,639	(316,463)	2,606,185
Lease Expense							
Lease Expenses - 1720 Marco Polo	(8,307)	(9,000)	693	(23,255)	(27,000)	3,745	(36,000)
Lease Expenses - 1740 Marco Polo	(28,996)	(24,000)	(4,996)	(79,648)	(72,000)	(7,648)	(96,000)
Lease Expenses - 430 No. El Camino Real	(3,565)	(11,250)	7,685	(23,861)	(33,750)	9,889	(45,000)
Lease Expenses - 1875 Trousdale	(5,176)	(9,000)	3,824	(17,796)	(27,000)	9,204	(36,000)
Lease Expenses - 111-113 16th St.	(2,543)	(3,600)	1,057	(11,849)	(10,800)	(1,049)	(14,400)
Lease Expenses - PWC Land	(1,911)	(3,000)	1,089	(10,778)	(9,000)	(1,778)	(12,000)
Total Lease Expense	(50,498)	(59,850)	9,352	(167,187)	(179,550)	12,363	(239,400)
Investment Income							
Investment Inc - LAIF	37,542	4,191	33,352	87,301	12,573	74,729	16,763
Investment Inc - SMC	21,326	7,395	13,930	48,769	22,186	26,581	29,583
Investment Inc - CNB	69,761	26,132	43,629	186,911	78,395	108,518	104,526
Investment Inc - FT	18,319	369	17,951	32,401	1,106	31,294	1,475
Investment Inc - Torrey	3,292	3,526	(235)	10,646	10,579	67	14,104
Investment Inc - US Bank	2,020	0	2,020	2,298	0	2,299	0
Investments - Unrealized G/L	274,910	(150,000)	424,910	86,571	(450,000)	536,570	(600,000)
Interest Income	659	0	660	902	0	902	0
Interest Income - Leasing GASB 87	527,453	0	527,452	1,582,715	0	1,582,716	0
Total Investment Income	955,282	(108,387)	1,063,669	2,038,514	(325,161)	2,363,676	(433,549)
Miscellaneous Income							
Nursing Grant/Loan Repayments	450	450	0	1,350	1,350	0	1,800
Rental Value for Use of Facilities (rent-free)	102,729	91,479	11,250	308,187	274,437	33,750	365,916
Total Miscellaneous Income	103,179	91,929	11,250	309,537	275,787	33,750	367,716
The Trousdale - Operating Revenue	2,645,910	3,175,992	(530,082)	7,796,474	8,983,416	(1,186,942)	12,251,960

	Quarter Ending 03/31/2023			Year To Date 03/31/2023			Year Ending 06/30/2023
	Actual	BUDGET	Budget Diff	Actual	BUDGET	Budget Diff	BUDGET
Health & Fitness Center Revenue	33,298	34,477	(1,179)	100,671	98,547	2,123	134,650
Teen Mental Health Income	0	206,339	(206,339)	113,296	380,984	(267,688)	587,323
Total Revenue	5,402,493	4,862,046	540,447	17,987,421	16,388,662	1,598,759	23,074,885
Expenditures							
Community Health Investment							
Grants	1,335,000	1,700,000	365,000	1,557,589	1,950,000	392,411	1,950,000
Other Contributions & Grants	17,840	12,500	(5,340)	43,055	37,500	(5,555)	50,000
Targeted Prevention Program	8,579	62,500	53,921	10,504	187,500	176,997	250,000
Special Funding Initiatives	118,766	99,690	(19,076)	174,649	546,570	371,920	646,260
SDH San Mateo Funding	225,000	225,000	0	675,000	675,000	0	900,000
Community Outreach	2,861	15,000	12,139	8,417	45,000	36,584	60,000
Community Education	10,000	12,500	2,500	30,100	37,500	7,400	50,000
New Program Research & Development	0	62,500	62,500	0	187,500	187,500	250,000
Trousdale Rent Assistance Fund	45,469	60,000	14,531	78,302	180,000	101,698	240,000
Donated Value for Use of Facilities (rent-free)	102,729	91,479	(11,250)	308,187	274,437	(33,750)	365,916
PWC Project Cost	113,653	75,000	(38,653)	376,350	225,000	(151,351)	300,000
Total Community Health Investment	1,979,897	2,416,169	436,272	3,262,153	4,346,007	1,083,854	5,062,176
Salaries and Benefits							
Salaries	221,085	214,515	(6,571)	610,347	624,225	13,877	838,739
Health/Dental/Vision/Life Benefits	38,836	38,527	(308)	106,729	108,578	1,850	147,106
Retirement	16,503	16,731	228	43,359	50,192	6,832	66,922
Taxes & WC	18,724	16,371	(2,353)	37,277	49,113	11,837	65,486
Total Salaries and Benefits	295,148	286,144	(9,004)	797,712	832,108	34,396	1,118,253
General and Administrative Exp.							
Payroll Services	1,720	2,100	380	4,737	5,700	963	7,500
Office Supplies	6,066	4,500	(1,565)	18,530	13,500	(5,030)	18,000
IT & Phone	24,051	14,100	(9,952)	55,927	42,300	(13,627)	56,400
Maintenance & Repairs	20,620	5,001	(15,619)	28,622	14,999	(13,623)	20,000
ACHD Dues	3,042	3,300	258	9,128	9,900	772	13,000
Records Storage	1,587	1,320	(267)	5,970	3,960	(2,010)	5,280
Insurance	16,542	16,500	(41)	49,624	49,500	(123)	66,000
SMC Fees - Admin	0	37,000	37,000	36,314	37,000	686	74,000
SMC Fees - LAFCo	3,745	0	(3,746)	11,237	15,000	3,763	15,000
Board Election	0	0	0	0	300,000	300,000	300,000
Legal - General	11,175	75,000	63,825	26,852	225,000	198,147	300,000
Legal - Real Estate	34,526	10,000	(24,525)	34,526	20,000	(14,525)	20,000
Consultant - Financial	0	0	0	1,916	5,000	3,083	5,000

	Quarter Ending 03/31/2023			Year To Date 03/31/2023			Year Ending 06/30/2023
	Actual	BUDGET	Budget Diff	Actual	BUDGET	Budget Diff	BUDGET
Consultant - Communications	29,000	21,500	(7,500)	79,500	64,500	(15,000)	86,000
Consultant - Audit	0	0	0	24,925	40,000	15,075	40,000
Consultant - Website	7,106	1,500	(5,607)	8,906	4,500	(4,406)	6,000
Travel & Meetings	1,614	8,700	7,086	11,181	26,100	14,920	35,000
1819 Trousdale Expense	3,849	2,550	(1,298)	10,431	8,350	(2,082)	10,900
Miscellaneous	10,667	3,000	(7,668)	23,762	18,000	(5,762)	21,000
Total General and Administrative Exp.	175,310	206,071	30,761	442,088	903,309	461,221	1,099,080
The Trousdale Assisted/Memory Care Expense	2,397,794	2,268,893	(128,901)	7,072,417	6,767,301	(305,115)	9,076,255
Health & Fitness Center Expense	81,926	90,834	8,908	246,740	270,535	23,794	361,220
Teen Mental Health Expense	166,962	590,000	423,038	524,750	1,431,120	906,370	2,018,026
Other Expense							
Depreciation Expense	690,660	717,562	26,902	2,067,578	2,151,734	84,156	2,869,296
Interest Expense	401,850	401,850	0	1,225,217	1,225,217	0	1,622,150
Interest Expense - Leasing GASB 87	13,441	0	(13,441)	41,703	0	(41,702)	0
Total Other Expense	1,105,951	1,119,412	13,461	3,334,498	3,376,951	42,454	4,491,446
Total Expenditures	6,202,988	6,977,523	774,535	15,680,358	17,927,331	2,246,974	23,226,456
Total Change In Net Assets	(800,495)	(2,115,477)	1,314,982	2,307,063	(1,538,669)	3,845,733	(151,571)

Peninsula Health Care District
Statement of Net Assets - Preliminary Draft

	Year To Date 03/31/2023
	Current Year Balance
Assets	
Current Assets	
Cash and Cash Equivalents	
Heritage Bank - Admin Checking	1,639,670
Heritage Bank - Leasing Checking	1,002,384
Heritage Bank - PWC Checking	34,485
Heritage Bank - Health & Fitness Checking	73,113
Heritage Bank - Trousdale Checking	1,424,881
Total Cash and Cash Equivalents	4,174,533
Accounts Receivable	
Accounts Receivable	1,493
Account Receivable - Rent	159
Account Receivable - TT Tenant	86,738
Allowance for Bad Debt - TT Tenant AR	(3,606)
Interest Receivable	171,437
Accounts Receivable - Other	3,216
Total Accounts Receivable	259,437
Other Current Assets	
Other Current Assets	
Lease Receivable - Current (GASB 87)	64,137
Total Other Current Assets	64,137
Prepaid Expenses	
Prepaid - General	35,140
Prepaid - Insurance	25,810
Prepaid - Benefits / WC	2,171
Prepaid - Trousdale	135,443
Total Prepaid Expenses	198,564
Inventory	
Supplies/Inventory	25,322
Total Inventory	25,322
Total Other Current Assets	288,023
Total Current Assets	4,721,993
Long-term Assets	
Property & Equipment	
Construction-In-Progress (CIP)	11,537
Building	77,969,887
Land	15,390,822
Improvements	1,327,483
Equipment	2,105,587
Furniture/Fixtures	154,417
Pre Opening Cost	2,505,662
Accum Depreciation (Trousdale)	(10,878,386)
Accum Depreciation	(3,685,653)
Total Property & Equipment	84,901,356
Other Long-term Assets	
Deposits and Prepayments	
Deposits	30,595

	Year To Date
	03/31/2023
	Current Year Balance
Total Deposits and Prepayments	30,595
Other Assets	
Deferred Outflow	2,204,438
Net Pension Asset	731,513
Lease Receivable - Long-Term (GASB 87)	70,252,067
Total Other Assets	73,188,018
Total Other Long-term Assets	73,218,613
Total Long-term Assets	158,119,969
Investments	
Long Term Investments	
Board Designated Fund - LAIF	5,805,941
Board Designated Fund - SMC	3,566,357
Board Designated Fund - CNB	26,711,402
Board Designated Fund - FT	1,669,716
Board Designated Fund - Torrey	3,148,519
Board Designated Fund - Unrealized G/L	(825,024)
Total Long Term Investments	40,076,911
Investment in Subsidiary	
Project Acct - US Bank 44000	1,531
Project Acct - US Bank 56000	489
Total Investment in Subsidiary	2,020
Total Investments	40,078,931
Total Assets	202,920,893
Liabilities and Net Assets	
Liabilities	
Short-term Liabilities	
Accounts Payable	
Accounts Payable	660,546
Accrued Payable - General	880,327
Total Accounts Payable	1,540,873
Accrued Liabilities	
Accrued Payroll	260,194
FSA Employee Account	823
Total Accrued Liabilities	261,017
Deferred Revenue	
Prepaid Rent	1,008,357
Prepaid Membership Dues	2,566
Prepaid Other	10,000
Deferred Income	3,500
Deposit - TT Tenants	36,500
Security Deposits	53,964
Total Deferred Revenue	1,114,887
Withholding Tax Payable	
Accrued Payroll Taxes	2,913
Total Withholding Tax Payable	2,913
Other Short-term Liabilities	
Short-term Liabilities	
Lease Payable - Current (GASB 87)	235,679
Total Short-term Liabilities	235,679
Loans Payable - Current	

	Year To Date
	03/31/2023
	Current Year Balance
Accrued Interest	264,622
Total Loans Payable - Current	<u>264,622</u>
Total Other Short-term Liabilities	<u>500,301</u>
Total Short-term Liabilities	3,419,991
Long Term Liabilities	
Notes Payable - Long Term	
Note Payable - WAB 40M	32,815,000
Note Payable - WAB 10M	<u>8,780,000</u>
Total Long Term Notes Payable	41,595,000
Other Long-term Liabilities	
Other Liabilities	
Lease Payable - Long-Term (GASB 87)	1,248,913
Deferred Inflow	<u>67,489,449</u>
Total Other Liabilities	<u>68,738,362</u>
Total Other Long-term Liabilities	<u>68,738,362</u>
Total Long Term Liabilities	110,333,362
Other Liabilities	
Deposits - ENA	200,000
Total Other Liabilities	<u>200,000</u>
Total Liabilities	<u>113,953,353</u>
Equity	
Fund Balance	86,660,477
Change In Net Assets	<u>2,307,063</u>
Total Equity	<u>88,967,540</u>
Total Liabilities and Net Assets	<u>202,920,893</u>

Peninsula Health Care District
Treasurer's Report

March 31, 2023

Preliminary - subject to change

STATUS OF CURRENT YEAR TAX REVENUES

Total As Of <u>3/31/2023</u>	Estimated FY 22-23 <u>Tax Revenue</u>
<u>\$ 6,157,940</u>	<u>\$ 7,800,000</u>

Board Designated Invested Funds

	Rate Last QTR	Fees Paid Fiscal YTD	Cost Basis		Market Value
			<u>2/28/2023</u>	<u>3/31/2023</u>	<u>3/31/2023</u>
Torrey Pines - 3yr CD (mature 1/31/24)	0.450%		3,144,952	3,148,519	3,148,519
Fiduciary Trust	*	4,313	1,664,642	1,669,715	1,668,064
City National Bank	*	26,415	26,668,127	26,711,402	25,888,034
Local Agency Investment Fund	2.627%		5,805,941	5,805,941	5,805,941
San Mateo County Pool Investment	2.407%		<u>3,566,357</u>	<u>3,566,357</u>	<u>3,566,357</u>
			<u>40,850,019</u>	<u>40,901,934</u>	<u>40,076,915</u>

* Yield to maturity

INDEPENDENT CONTRACTOR AGREEMENT

This Independent Contractor Agreement (this “Agreement”) is entered into by and between Peninsula Health Care District (the “District”) on the one hand and Cheryl Fama on the other hand and is based on the following:

- A. The District is a public agency with its principal offices in Burlingame California.
- B. Ms. Fama is the former Chief Executive Officer (“CEO”) of the District.
- C. The District is engaged in several major projects and initiatives including development of the Peninsula Wellness Center (“PWC”) and the HUB within the PWC, establishing an allcove center, and advising the Sonrisas dental care service. During her tenure as CEO, Ms. Fama gained extensive experience in these and other District projects and services.
- D. The District has hired a new CEO who will take office on April 10, 2023.
- E. It is in the best interest of the District that Ms. Fama be available to provide background and orientation to the incoming CEO on District projects and services.

Now, therefore, for good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, the parties agree as follows:

AGREEMENT

1. Effective Date. This Agreement shall be effective as of April 16, 2023 (the “Effective Date”).
2. Relationship of Parties. Ms. Fama shall be an independent contractor to the District. Nothing in this Agreement shall be construed to create an employment relationship or agency relationship.
3. Services. Ms. Fama shall provide consulting services to the CEO as requested by the CEO. Services desired by Board members shall be made through the Board Chair, who will discuss them with the CEO. Such services may be provided in person, by telephone, by email, via video conferencing, or such other manner as may be appropriate. Ms. Fama shall not be required to attend public meetings unless agreed by the CEO and Ms. Fama. Ms. Fama shall report to the CEO.
4. Minimum/Maximum Hours. There are no minimum or maximum hours of service under this Agreement. Ms. Fama is not guaranteed a minimum compensation under this Agreement. Ms. Fama shall make herself reasonably available to perform services under this Agreement when requested, subject to her travel schedule and family commitments.
5. Compensation. Services provided by Ms. Fama shall be billed at \$200.00 per hour. Ms. Fama shall not receive any health insurance, compensatory time off, pension contributions, or other benefits. Ms. Fama shall be entitled to reimbursement of any out-of-pocket expenses reasonably incurred in connection with the services provided. Any expenses in excess of \$500.00 shall be approved by the CEO in advance. Ms. Fama shall submit an itemized

statement of services and expenses on a monthly basis. Payment shall be made within 30 days of invoicing.

6. Taxes. Ms. Fama shall be responsible for the payment of all income taxes payable on the compensation paid under this Agreement. The District will issue a Form 1099 for all payments for services performed under this Agreement.

7. Workspace. The District shall not be required to provide a workspace at the District offices for Ms. Fama.

8. Indemnification. To the extent permitted by law, the District shall indemnify, defend, and hold Ms. Fama harmless from any claims, demands, actions, damages, losses, costs and attorney fees arising from or related to the provision of services by Ms. Fama under this Agreement. This indemnity shall not apply to acts of gross negligence or willful misconduct by Ms. Fama.

9. Termination. This Agreement may be terminated by either party on reasonable notice, not less than 10 days. In the event of termination, Ms. Fama shall be entitled to compensation for all services provided and expenses incurred through the date of the termination.

10. Disputes. Any disputes arising under this Agreement shall be resolved through binding arbitration conducted by JAMS. The parties acknowledge and agree that, by agreeing to binding arbitration, they are waiving their rights to have their disputes decided in court by a judge and/or jury.

11. Confidentiality. During the course of her services, confidential information regarding District's projects or personnel may be disclosed or discussed. Ms. Fama shall keep such information confidential and not disclose it to persons other than the Board Chair and the CEO, except as required by law.

12. Modification. This Agreement may be modified only by a writing signed by both parties.

13. Execution. This Agreement may be executed in counterparts and by facsimile or electronic signatures.

Date: _____

PENINSULA HEALTH CARE DISTRICT

By: _____

Its: _____

Date: _____

Cheryl Fama

ParentVenture

Proposal

Program Title:	The Parent Education Series (The Parent Venture)
Proposed By:	Charlene Margot, Co-Founder and CEO The Parent Venture
Organization Name:	Cheryl Fama, Chief Executive Officer Peninsula Health Care District
Program Dates:	2023-2024 Academic Year
Amount of Request:	\$32,000.00

Program Description

The Parent Venture is a leading provider of inclusive, high-quality parent and community education on critical issues — mental health, substance use, digital media, and more — that impact the health and wellness of youth. Since 2006, our organization has reached over 125,000 families to promote positive parenting practices that support student success and well-being.

The Parent Venture will provide the Peninsula Health Care District with the following services:

- + Turnkey, high-quality education programming open to parents/caregivers, students, educators, mental health professionals, and community members.
- + Two (2) all-new (virtual) parent and community education events (e.g., presentations, workshops), in collaboration with SMUHSD.
- + Access to electronic (virtual) resources curated by The Parent Venture (The Parent Education Series) including:
 - o Parent and Community Education - Events (virtual or in-person)

- The Parent Education Series – Newsletters
(<https://bit.ly/ParentEdNewsletter2022>)
- The Parent Education Series - Video Library ([YouTube](#))
- The Parent Education Series - Social Media ([Facebook](#) and [Instagram](#))
- The Parent Venture - Website - www.parentventure.org
- + Marketing and publicity collateral (e.g., newsletter blurbs, Eventbrite webpages, fliers) to promote parent and community education programming
- + Branded partnership on The Parent Venture website, newsletters, media, etc.

This year, two live (virtual) events hosted by PHCD and SMUHSD were impactful, well attended, and highly rated by attendees:

- *Raising a Well-Balanced Student: Avoiding a Culture of Stress*
Date: October 26, 2022
Presenter: Denise Pope, PhD, Co-Founder, Challenge Success, Stanford Graduate School of Education
Registered attendees: 714
- *Conscious Parenting: How to Build Stronger Relationships with Your Child or Teen*
Date: March 1, 2023
Presenter: Katherine Sellery, Founder, Conscious Parenting Revolution
Registered attendees: 401

A shift to virtual programming, popular with families, removed barriers to access and increased attendance. In 2022-2023, we welcomed over 18,000 registered attendees.

The Parent Venture empowers families with the knowledge, skills, and strategies they need to promote student success and well-being. This program will be implemented in collaboration with the Peninsula Health Care District.

Submitted by:

Charlene Margot, MA
Co-Founder and CEO
The Parent Venture

Bev Hartman, MA
Co-Founder and CCO
The Parent Venture

2021-2022 & 2022-2023 Events The Parent Education Series Presented by The Parent Venture							
Event Name	Presenter(s)	Date Time	Registered Attendees	Video Library Link	Video Views (as of 02-15-2023)	Sponsor(s)	Event Type
What Do You Say? Talking with Kids to Build Stress Tolerance and Motivation	William Stixrud, PhD & Ned Johnson Authors, <i>What Do You Say?</i>	Thur, Oct 7, 2021 5:30pm - 6:30pm	619	https://www.youtube.com/watch?v=Y4zsGz3VklU	256	Peninsula Health Care District San Mateo Union High School District The Parent Venture	Feature (PHCD)
Children and COVID Vaccines: Health Care Experts Answer Your Questions	Roshni Mathew, MD, Ryan Padrez, MD and Hayden Schwenk, MD Stanford Children's Health	Tue, Nov 16, 2021 5:30pm - 6:30pm	135	https://www.youtube.com/watch?v=YUqE3_cjSpA	43	Peninsula Health Care District San Mateo Union High School District The Parent Venture	Town Hall (PHCD)
"I Don't Like Needles": How to Support Kids with Vaccine Anxiety	Julie Lustig, PhD, Licensed Psychologist Kellen Glinder, MD, Pediatrician Stanford Children's Health	Dec 15, 2021 5:30pm - 6:30pm	73	https://youtu.be/RPaHPyWdSc0	265	Peninsula Health Care District San Mateo Union High School District The Parent Venture	Town Hall (PHCD)
How to Keep Lines of Communication Open with Your Child or Teen	Donald E. Grant, Jr., PsyD Executive Director, Mindful Training Solutions, LLC	Tues, April 26, 2022 5:30pm - 6:30pm	315	https://www.youtube.com/watch?v=8AevNrcSFHY	173	Peninsula Health Care District San Mateo Union High School District The Parent Venture	Feature
Raising a Well-Balanced Student: Avoiding a Culture of Stress	Denise Pope, PhD Senior Lecturer, Stanford Graduate School of Education Co-Founder, Challenge Success	Oct 26, 2022 5:30pm	714	https://www.youtube.com/watch?v=D6pIij7PcqO&t=42s	432 Unlisted now	Peninsula Health Care District San Mateo Union High School District Sequoia Healthcare District The Parent Venture	Online Event
Conscious Parenting: Building Stronger Relationships with Your Child or Teen	Katherine Winter- Sellery Founder, Conscious Parenting Revolution	Wed, Mar 1, 2023 5:30pm	401	https://www.youtube.com/watch?v=zsn81LTkr-g&t=5s	126	Peninsula Health Care District San Mateo Union High School District The Parent Venture	Online Event

Peninsula Health Care District		
Denise Pope, PhD		714
Oct 26, 2022 5:30pm		
Katherine Winter-Sellery		401
Wed, Mar 1, 2023 5:30pm		
Total		1115

2022-23		
Registrants	All	PHCD - 7 Towns
Fall 2022	9795	1096
Spring 2023	5267	625
Total	15062	1721

Fall Term Sept -Dec		
- Burlingame	343	
- Foster City	95	
- Hillsborough	78	
- Millbrae	97	
- Pacifica	41	
- San Bruno	53	
- San Mateo	389	
	1096	

Spring Term Jan - March		
- Burlingame	202	
- Foster City	35	
- Hillsborough	34	
- Millbrae	38	
- Pacifica	55	
- San Bruno	33	
- San Mateo	228	
	625	

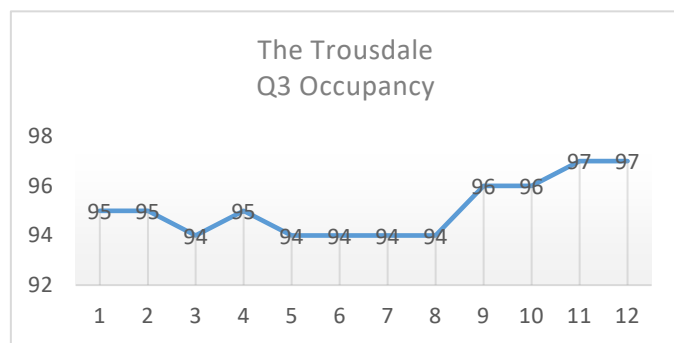
2022-2023 Events The Parent Education Series Presented by The Parent Venture		The Parent Venture					
Event Name	Presenter(s)	Date Time	Registered Attendees	Video Library Link	Video Views (4-7-2023)	Sponsor(s)	Event Type
Fire Safety and Prevention: A Disaster Prep Town Hall Meeting	Gareth Harris, MBA, Fire Marshall	Sep 1, 2022 6:00pm	60	https://www.youtube.com/watch?v=cQREy47VqYM&t=137s	44	Sequoia Healthcare District The Parent Venture	Town Hall
Educacion Preventiva Sobre el Fentanilo (español)	Eduardo Torres, Prevention Solutions Hazelden Betty Ford Foundation	Sep 6, 2022 5:30pm	41	https://www.youtube.com/watch?v=z5IMHFhVhA&t=40s	116	Woodside High School PTSA Sequoia Union High School District Sequoia Healthcare District Peninsula Health Care District The Parent Venture	Online Event Spanish
Design for Belonging: How to Build Inclusion and Collaboration in Your Communities	Susie Wise, PhD, Stanford d.school	Sep 8, 2022 5:30pm	412	https://www.youtube.com/watch?v=8mwx8PC8LY&t=5s	116	Mills-Peninsula Hospital Foundation San Mateo County Office of Education (SMCOE) The Parent Venture	Online Event
Foro de Padres #21 (español) El Perdón: Como Ser Padres Que Perdona	Edwin Fernandez, LCSW One Life Counseling Center Michelle Remond, RCSD	Sep 13, 2022 5:30pm	16	https://www.youtube.com/watch?v=0bJ8WQDPTh0	77	Sequoia Healthcare District Redwood City School District Sequoia Union High School District The Parent Venture	Parent Forum Spanish
How to Raise Awe-Filled Kids (Even When the World Feels Awful)	Deborah Farmer Kris, Author Founder, Parenthood365	Sep 14, 2022 5:30pm	442	https://www.youtube.com/watch?v=bw8RkM8VFq0	337	Mills-Peninsula Hospital Foundation San Mateo County Office of Education (SMCOE) The Parent Venture	Online Event
¿Es usted migrante? ¡Necesita oír esto! (español)	Michelle Remond, Community Liaison Redwood City School District	Sep 20, 2022 5:30pm	32	https://www.youtube.com/watch?v=ZFopK-Bd6aQ	24	Redwood City School District Sequoia Union High School District Sequoia Healthcare District Peninsula Health Care District The Parent Venture	Online Event Spanish
The Upside of Stress: Why Stress is Good for You, and How to Get Good at It	Kelly McGonigal, PhD, Health Psychologist Stanford University	Sep 22, 2022 5:30pm	508	https://www.youtube.com/watch?v=9aSKJMxstHU&t=13s	153	M.A.P.T.A. Sequoia Union High School District Sequoia Healthcare District Peninsula Health Care District The Parent Venture	Online Event
High School 101: Preparing for a Successful High School Experience	Ana Homayoun, Author/Educator Green Ivy Educational Consulting Allia Griffin, PhD Santa Clara University	Sep 27, 2022 6:30pm	592	https://www.youtube.com/watch?v=0QGtq7-p5Fs&t=13s	310	Fremont Union High Schools Foundation The Parent Venture	Online Event
How to Help Kids Develop Their Emotional Vocabulary	Deborah Farmer Kris Founder, Parenthood365	Sep 29, 2022 5:30pm	441	https://www.youtube.com/watch?v=r5Juk6ASAG	286	Redwood City School District Sequoia Union High School District Sequoia Healthcare District Peninsula Health Care District The Parent Venture	Online Event
Parent Forum #17 (English) - How to Support Your Upset Child or Teen	Eran Magen, PhD Founer, Parenting for Humans	Sep 30, 2022 12:00pm	162	https://www.youtube.com/watch?v=USGnQ6KXps&t=28s	141	Sequoia Healthcare District Redwood City School District Sequoia Union High School District The Parent Venture	Parent Forum English
Learning by Heart: Creating "Innovation-Ready" Students for the Future	Tony Wagner, EdD Change Leadership Group Harvard University	Oct 6, 2022 5:30pm	361	https://www.youtube.com/watch?v=XoQY5RkPp8	67	Mills-Peninsula Hospital Foundation San Mateo County Office of Education (SMCOE) The Parent Venture	Online Event
The Stolen Year: How Covid Changed Children's Lives, and Where We Go Now	Anya Kamenetz, Author/Journalist NPR Education Reporter	Oct 13, 2022 5:30pm	225	https://www.youtube.com/watch?v=BFCHz18eQ	74	Sequoia Healthcare District Peninsula Health Care District The Parent Venture	Online Event
Foro de Padres #22 (español) - Limites y Relgas: Elementos Indispensable Para La Crianza	Edwin Fernandez, LCSW One Life Counseling Center Michelle Remond, RCSD	Oct 18, 2022 5:30pm	17	https://www.youtube.com/watch?v=WspXWky5Pvo	66	Sequoia Healthcare District Redwood City School District Sequoia Union High School District The Parent Venture	Parent Forum Spanish
Fentanyl Prevention Education: How to Help Teens Make Healthy Decisions	Stacey Wisniewski Prevention Solutions Hazelden Betty Ford Foundation	Oct 19, 2022 5:30pm	529	https://www.youtube.com/watch?v=1VgzPxxmag&t=3s	261	Woodside High School PTSA Sequoia Union High School District Sequoia Healthcare District Peninsula Health Care District The Parent Venture	Online Event
How to They/Them: A Guide to Nonbinary Pronouns and Gender Fluidity	Stuart Getty, Author Design Director/Writer IDEO	Oct 25, 2022 5:30pm	259	https://www.youtube.com/watch?v=hixNixSTVCw&t=1s	147	Mills-Peninsula Hospital Foundation San Mateo County Office of Education (SMCOE) The Parent Venture	Online Event
Raising a Well-Balanced Student: Avoiding a Culture of Stress	Denise Pope, PhD Senior Lecturer, Stanford GSE Co-Founder, Challenge Success	Oct 26, 2022 5:30pm	714	https://www.youtube.com/watch?v=D6pji7PcqQ&t=42s	432 Unlisted now	Peninsula Health Care District San Mateo Union High School District Sequoia Healthcare District The Parent Venture	Online Event
Parent Forum #18 (English) - Building Trust and Goodwill with Your Child	Eran Magen, PhD Founder, Parenting for Humans	Oct 28, 2022 12:00pm	50	https://www.youtube.com/watch?v=3TwtmLjqqY	120	Sequoia Healthcare District Redwood City School District Sequoia Union High School District The Parent Venture	Parent Forum English
Cannabis: The Role of Parents and Community in Prevention	Jason R. Kilmer, PhD University of Washington School of Medicine	Nov 2, 2022 5:30pm	277	https://www.youtube.com/watch?v=MOXihQMR5zQ&t=37s	22 Unlisted now	Tobacco Use Prevention Education (TUPE) San Mateo County Office of Education (SMCOE) The Parent Venture	Online Event
Friends vs Followers: Friendship Dynamics in the Age of Social Media	Devorah Heitner, PhD Children's Digital Media Expert Author, Screenwise	Nov 3, 2022 5:30pm	325	https://www.youtube.com/watch?v=8kFUMJMF61w&t=106s	134	Redwood City School District Sequoia Union High School District Sequoia Healthcare District Peninsula Health Care District The Parent Venture	Online Event
Grounded Hope: Why Hope is Important in Times of Stress and Loss	David B. Feldman, PhD Santa Clara University	Nov 10, 2022 5:30pm	255	https://www.youtube.com/watch?v=QW0TDuRH6E&t=4s	95	Mills-Peninsula Hospital Foundation San Mateo County Office of Education The Parent Venture	Online Event
Foro de padres #23 (español) - Intencionalidad: Elemento indispensable para la crianza	Edwin Fernandez, LCSW One Life Counseling Center Michelle Remond, RCSD	Nov 15, 2022 5:30pm	12	https://www.youtube.com/watch?v=MOSj3YKqv2w&t=148s	31	Sequoia Healthcare District Redwood City School District Sequoia Union High School District The Parent Venture	Parent Forum Spanish
The Gift of Friendship: Strategies for Developing Healthy Relationships	Deborah Farmer Kris Founder, Parenthood365	Nov 16, 2022 5:30pm	151	https://www.youtube.com/watch?v=vm7Ywem8QM	140	Cupertino Union School District The Parent Venture	Online Event
What's So Funny About College Admission?	Michael Elgarico, CA Institute of the Arts Patrick Wilson, Willamette University Gabrielle McColgan, Castilleja School Alice Kleeman, College Advisor (Ret)	Nov 17, 2022 5:30pm	439	https://www.youtube.com/watch?v=q0IzEY1Ctd	187	Menlo-Atherton PTA Sequoia Union High School District Sequoia Healthcare District Peninsula Health Care District The Parent Venture	Online Event
Why Teen and Tween Sleep Matters and How Parents and Schools Can Help	Lisa L. Lewis, MS Author, <i>The Sleep-Deprived Teen</i>	Nov 30, 2022 5:30pm	477	https://www.youtube.com/watch?v=Hr4Uy-EkCA&t=718s	200	Sequoia High School Education Foundation (SHSEF) Sequoia Union High School District Sequoia Healthcare District Peninsula Health Care District The Parent Venture	Online Event
Behind Their Screens: What Teens Are Facing (and Adults Are Missing)	Emily Weinstein, PhD Harvard University Carrie James, PhD Harvard University	Dec 2, 2022 12:00pm	613	https://www.youtube.com/watch?v=A704HISZl&t=192s	94 Unlisted Now	Mills-Peninsula Hospital Foundation San Mateo County Office of Education The Parent Venture	Online Event
Relationship Resilience: Preparing Young People for Healthy Relationships	Vanessa Kellam Family Engagement Manager Health Connected	Dec 7, 2022 5:30pm	303	https://www.youtube.com/watch?v=50ZxhqiEwM	90	Sequoia High School Education Foundation Sequoia Union High School District Sequoia Healthcare District Peninsula Health Care District The Parent Venture	Online Event

Chatter: The Voice in Our Head, Why It Matters, and How to Harness It	Ethan Kross, PhD University of Michigan Emotion & Self Control Laboratory	Dec 8, 2022 5:30pm	321	https://www.youtube.com/channel/UCt-1oSKVF-UZ-R0zDaeF53Q	304	Carlmont PTSA Sequoia Union High School District Sequoia Healthcare District Peninsula Health Care District The Parent Venture	Online Event
Parent Forum #19 (English) - Sustainable Parenting: Realistic Self-Care	Eran Magen, PhD Founder, Parenting for Humans	Dec 9, 2022 12:00pm	48	https://www.youtube.com/watch?v=WwAdYm7BQ1Y&list=TLPQMDcwNDiwMjIMDTY4nJo5HIA&index=2	26	Sequoia Healthcare District Redwood City School District Sequoia Union High School District The Parent Venture	Parent Forum English
Foro de Padres #24 (español) - La Familia y las Festividades	Edwin Fernandez, LCSW One Life Counseling Center Michelle Remond, RCSD	Dec 13, 2022 5:30pm	25	https://www.youtube.com/watch?v=e7QRX1pCw&t=16s	39	Sequoia Healthcare District Redwood City School District Sequoia Union High School District The Parent Venture	Parent Forum Spanish
Foro de padres #25 (español) - Metas de Año Nuevo Para Mejorar las Relaciones Familiares	Edwin Fernandez, LCSW One Life Counseling Center Michelle Remond, RCSD	Jan 10, 2023 5:30pm	23	https://www.youtube.com/watch?v=liqUyNloSA&t=5s	41	Sequoia Healthcare District Redwood City School District Sequoia Union High School District The Parent Venture	Parent Forum Spanish
Cultivating Mindfulness: How to Bring Gratitude and Positive Practices into Your Home (English)	Carin Winter Mindful Educator Founder and CEO, Mission Be	Jan 11, 2023 5:30pm	350	https://www.youtube.com/watch?v=42puepUxw4&t=1s	93	Sequoia Healthcare District Sequoia Union High School District The Parent Venture	Online Event
Radical Inclusion: Understanding Visible and Invisible Differences	Vikram K. Jaswal, PhD Professor of Psychology University of Virginia	Jan 18, 2023 5:30pm	247	https://www.youtube.com/watch?v=gCCzXVHx6	91	Mills-Peninsula Hospital Foundation San Mateo County Office of Education The Parent Venture	Online Event
Parent Forum #20 (English) - Building Alignment with Your Child or Teen	Eran Magen, PhD Founder, Parenting for Humans	Jan 20, 2023 12:00pm	55	(In Production)	N/A	Sequoia Healthcare District Redwood City School District Sequoia Union High School District The Parent Venture	Parent Forum English
Raising Human Beings: Creating a Collaborative Partnership with Your Child	Ross W. Greene, PhD Clinical Child Psychologist New York Times Bestselling Author	Jan 31, 2023 5:30pm	1055	https://www.youtube.com/watch?v=Qj8B0tPIH&t=2s	450	Mills-Peninsula Hospital Foundation San Mateo County Office of Education The Parent Venture	Online Event
Foro de padres #26 (español) - Padres que se adaptan	Edwin Fernandez, LCSW One Life Counseling Center Michelle Remond, RCSD	Feb 7, 2023 5:30pm	15	https://www.youtube.com/watch?v=EidjxGNCoAE	Posted 4/7/23	Sequoia Healthcare District Redwood City School District Sequoia Union High School District The Parent Venture	Parent Forum Spanish
Her Honor: A Conversation with Judge LaDoris Hazzard Cordell	LaDoris Hazzard Cordell Author, Judge (Ret.) Superior Court of California	Feb 9, 2023 5:30pm	226	https://www.youtube.com/watch?v=rR8TDvrmBq0&t=15s	54	Mills-Peninsula Hospital Foundation San Mateo County Office of Education The Parent Venture	Online Event
Health Impacts and Legalities of Cannabis Use in Youth	Lynn Silver, PhD Senior Advisor Public Health Institute	Feb 15, 2023 5:30	179	https://www.youtube.com/watch?v=2_Nqv-ToUJA	41	Tobacco Use Prevention Education (TUPE) San Mateo County Office of Education (SMCOE) The Parent Venture	Online Event
Sequoia Healthcare District Town Hall: Understanding Heart Health	Henry Huang, MD, Cardiologist Liz Lazar-Johnson Founder, Via Heart Project	Feb 16, 2023 6:00pm	67	(In Production)	N/A	Sequoia Healthcare District The Parent Venture	Town Hall
Parent Forum #21 - How to Be Your Child's Favorite Conversation Partner	Eran Magen, PhD Founder, Parenting for Humans	Feb 17, 2023 12:00pm	411	https://www.youtube.com/watch?v=53kYFrGHBU	77	Sequoia Healthcare District Redwood City School District Sequoia Union High School District The Parent Venture	Parent Forum English
When You Wonder, You're Learning: Mr. Rogers' Enduring Lessons for Kids	Gregg Behr, JD, Author Grable Foundation, Remake Learning Ryan Rydzewski, MA Author, Science & Education Reporter	Feb 21, 2023 5:00pm	169	https://www.youtube.com/watch?v=IGXqis68BDY&t=1s	58	Chai Preschool Friends Nursery School Sequoia Healthcare District Peninsula Health Care District The Parent Venture	Online Event
The Emotionally Intelligent Child: Effective Strategies for Parenting Self-Aware, Cooperative, and Well-Balanced Kids	Helen Shwe Hadani, PhD Rachel Katz, MEd Authors, The Emotionally Intelligent Child	Feb 28, 2023 7:00pm	205	(Private Video - CUSD)	N/A	Cupertino Union School District The Parent Venture	Online Event
Conscious Parenting: Building Stronger Relationships with Your Child/Teen	Katherine Winter-Sellery Founder, Conscious Parenting Revolution	Mar 1, 2023 5:30pm	401	https://www.youtube.com/watch?v=zn81lTKR-g&t=5s	129	Peninsula Health Care District San Mateo Union High School District The Parent Venture	Online Event
Foro de padres #27 (español) - Mi hijo está usando drogas. ¿Qué puedo hacer?	Edwin Fernandez, LCSW One Life Counseling Center Michelle Remond, RCSD	Mar 7, 2023 5:30pm	9	https://www.youtube.com/watch?v=sgt0dK0gD1d	101	Sequoia Healthcare District Redwood City School District Sequoia Union High School District The Parent Venture	Parent Forum Spanish
The Power of Quiet Leadership: Setting the Stage for Introverts to Thrive	Heidi Kasevich, PhD Author/Educator Founder, Kase Leadership Method	Mar 9, 2023 6:00pm	740	https://www.youtube.com/watch?v=c10xEcNvMzg&t=147s	97	Fremont Union High Schools Foundation - Parent Resource Network The Parent Venture	Online Event
4 Insights from Child Development That Made Me a Better Parent	Deborah Farmer Kris Child Development Expert Founder, Parenthood365	Mar 15, 2023 5:30pm	393	https://www.youtube.com/watch?v=qEW-rMEQBHs&t=27s	174	San Carlos School District Sequoia Union High School District The Parent Venture	Online Event
Cyberbullying and Social Media: The Role of Parents, Youth, and Community	Sameer Hinduja, PhD International Cyberbullying Expert Harvard University	Mar 16, 2023 5:30pm	273	https://www.youtube.com/watch?v=VW05Yis4B0g&t=7s	62	Mills-Peninsula Hospital Foundation San Mateo County Office of Education The Parent Venture	Online Event
Parent Forum #22 (English) - Helping Your Child Build Good Habits	Eran Magen, PhD Founder, Parenting for Humans	Mar 17, 2023 12:00pm	107	https://www.youtube.com/watch?v=71UgTsjpG34&list=PLQv7vM0GJagvRRHRMcuwAM2WjBjdyDy&t&index=1	Posted 4/7/23	Sequoia Healthcare District Redwood City School District Sequoia Union High School District The Parent Venture	Parent Forum English
The Future of Youth Mental Health: Building Resilience in a Connected World	Neha Chaudhary, MD Medical Director, BeMe Health Mark Cloutier, MPP, MPH CEO, Caminar	Mar 22, 2023 Postponed	49	(Postponed)	N/A	Caminar The Parent Venture	Online Event
Resilience and Risk: How Culture Shapes Close Relationships and Health	Dr. Belinda Campos Department of Chicano/Latino Studies University of California, Irvine	Mar 28, 2023 5:30pm	168	https://www.youtube.com/watch?v=FSjWFSBsn_k&t=1s	23	Mills-Peninsula Hospital Foundation San Mateo County Office of Education The Parent Venture	Online Event
Transforming Inclusive Education: The Presumption of Competence	Shelley Moore, PhD Inclusion and Equity Advocate Founder, Five Moore Minutes	Mar 29, 2023 5:00pm	178	https://www.youtube.com/watch?v=8s8xLvgNDPk&t=12s	42	Redwood City School District SEPTAR (Special Education PTA Redwood City) Sequoia Union High School District Sequoia Healthcare District	Online Event
Eating Disorders, Body Image, and Social Media: What Should Parents Know?	Avery Carter Walker, PsyD Child & Adolescent Eating Disorders Clinic Stanford Children's Health	April 6, 2023 5:30pm	248	https://www.youtube.com/watch?v=wl8z3zd9-G	Posted 4/7/23	Sequoia Union High School District Sequoia Healthcare District Peninsula Health Care District The Parent Venture	Online Event
			13675				



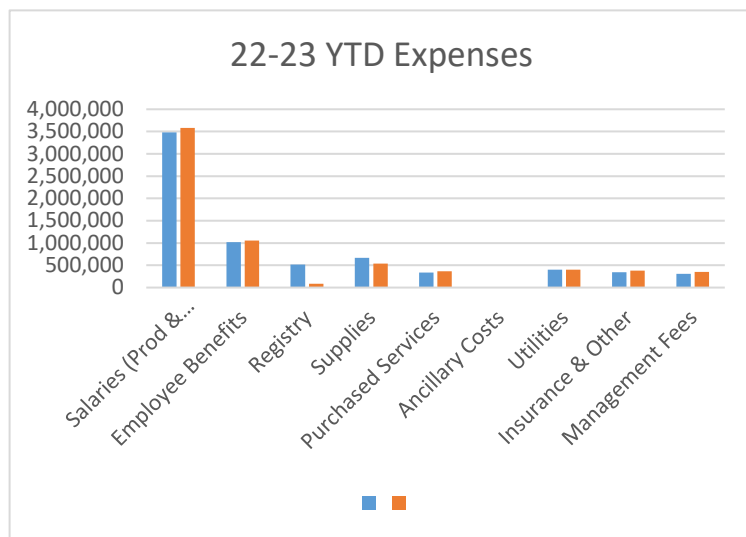
The Trousdale Executive Summary Q3 FY 22-23 1/1/2023-3/31/2023

For Q3, The Trousdale achieved 9 move-ins with 6 move-outs for a net of 3. As a result, each month during the quarter, the gain approximately 1% of occupancy (from 76% to 78%). The Trousdale revenue shortfall year-to-date is \$1,085,244 which is primarily due to our lower than budgeted occupancy. Budgeted occupancy was 88% at the end of Q3. Assisted Living revenue is short by \$545,427 and Memory Care revenue was short by \$509,699. Other significant shortfalls were Guest Meals with a YTD negative \$38,165 variance primarily due to the lack of visiting family members and friends. In addition, Applicant Fee revenue was lower than budgeted by \$73,500



as a bi-product of lowered occupancy. Sales & Marketing is working in tandem with PHCD to generate quality leads to yield move-ins each month. We are also utilizing the approved incentives in an effort to help drive additional move-ins. Heading into the month of April, we are seeing positive occupancy improvements as a result of heightened efforts to capture available prospects.

As for the expense side, overall Salaries are lower than budgeted for the year (\$100,823) as a result of hard-to-fill positions that have been vacant for a number of months. Conversely, Registry usage is significantly over budget for the year (\$425,369) to fill these vacant positions. The unfortunate reality is registry costs significantly more than an employee of The Trousdale and we continue to utilize this service. Supplies are over by \$133,767 year-to-date for a variety of reasons (minor equipment - \$14,339, food - \$18,057, bistro food - \$49,312, and postage by \$28,180). Overall, expenses are over for the year by \$304,966.



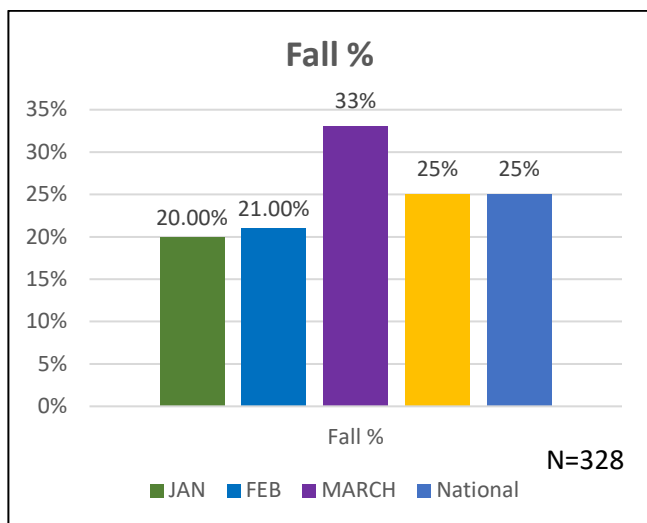
The net impact of the shortage of revenue coupled with the overage on the expense side, is a negative YTD variance of \$1,390,210. As the pandemic has truly had an impact on the level of leads being generated and the total number of move-ins resulting, we look for to continued success as we venture further into '23 as we transition into a post-pandemic phase.

(Blue – Actual, Orange – Budgeted)



The Trousdale Quality Assurance YTD Dashboard

1/1/2023-3/31/2023



The Trousdale reviews falls and calculates a Fall % based on # of falls / # of residents.

N = # of in-house residents during 3rd Quarter.

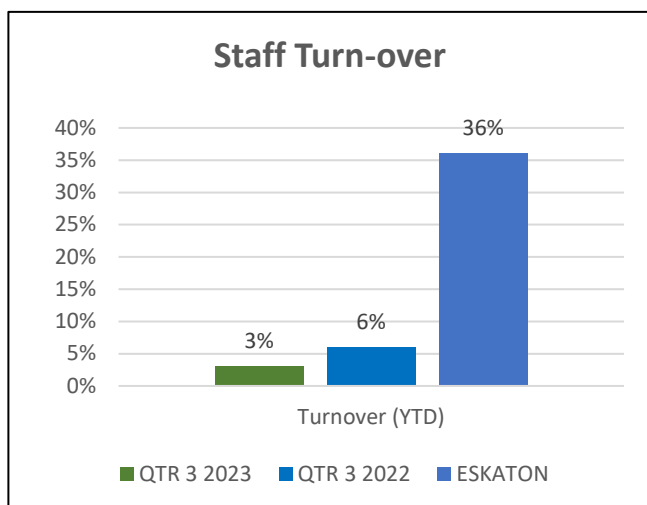
JAN total falls = 20 / total residents = 110

FEB total falls = 23 / total residents = 109

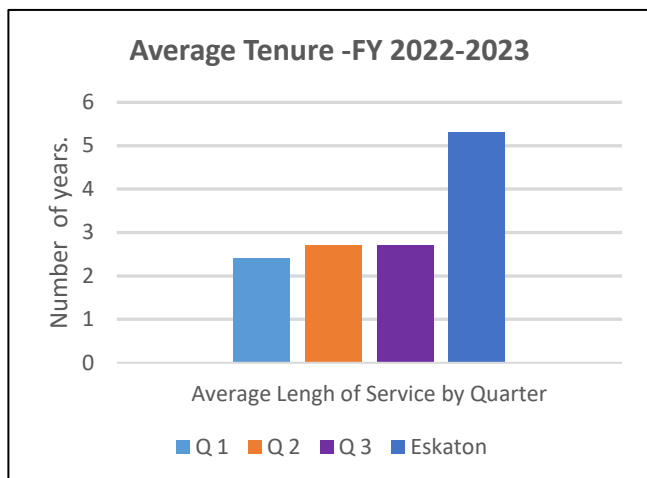
MARCH total falls = 36 / total residents = 109

In this quarter TT had 4 fractures from falls, and 3 residents admitted to the hospital. Fall interventions include HH PT referrals, SafelyYou technology, medication review, and activity participation. Falls are reviewed weekly by the risk management team and follow up is done at the community level regarding trends or areas of concern. March fall increase is due to several residents with more than one fall.

*based on CDC / National Center of Health Statistics

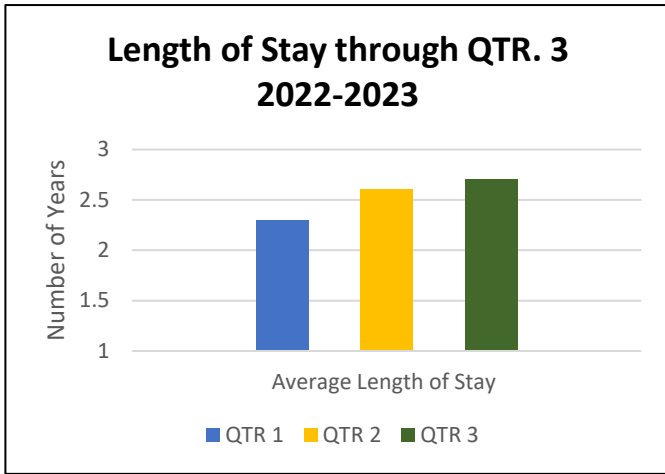


Workforce development remains a top focus area for Eskaton and other senior care organizations. Eskaton has a target goal of $\leq 20\%$. As an organization, turnover in all Eskaton owned and managed residential communities and services is at 36% for the rolling 12-month period. Current turnover for TT is at 3% compared to 6% at this time last year. Turnover is monitored per the number of employees vacating a position whether voluntary or involuntary. Turnover for the Trousdale has stabilized over the reporting period and is trending slightly down overall in the Eskaton organization.

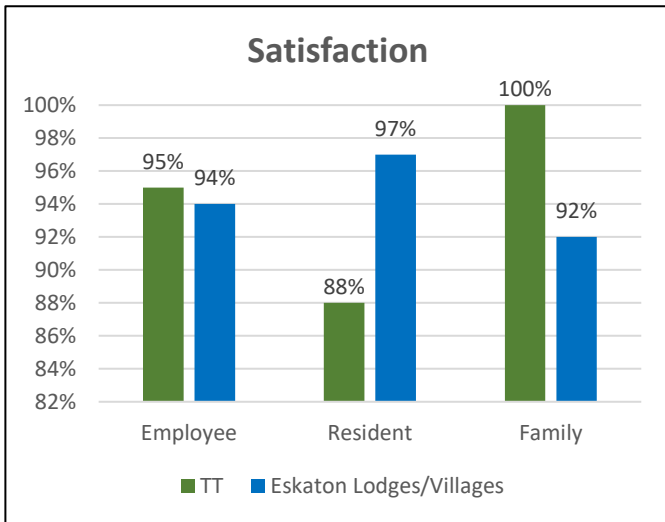


The average tenure from the time of hiring first employee through Q3 is 2.7 years.

Comparatively Eskaton properties average tenure is 5.3 years. This difference is influenced by several factors which may include post pandemic work patterns, length of time the Trousdale has been opened and transient work force moving out of the area.



Data reflects QTR 1,2,3 of 2022-2023 Fiscal Year. Many factors influence length of stay in RCFE. Factors affecting the LOS for Quarter 3: three discharges moved to be closer to family, 5 unexpected deaths and 3 residents passed under Hospice services. Industry wide factors affecting LOS include needing a higher level of care, moving to be closer to children, and cost.



Eskaton has a target goal of achieving a Satisfaction rate >90%. N= # of Trousdale Employees, Resident, & Families. Fifteen percent of employees, residents, and families are surveyed every month; trend lines are monitored over time to determine if there is a hotspot or decline under 90%.

N (Employee) = 19
 N (Resident) = 25
 N (Family) = 3

The number of surveys noted here were provided for The Trousdale community. For Employees and Residents, these are the number of surveys that were sent in bulk to the community. For Families, these are the numbers that were attempted to be completed over the phone.

Satisfaction Surveys Sent

The Trousdale	JAN	FEB	MARCH
Employees (bulk)	15	15	15
Residents (bulk)	22	22	23
Families	40	41	41
Total	77	79	79

**THIRD AMENDMENT TO AMENDED AND RESTATED
EXCLUSIVE NEGOTIATING AGREEMENT**

This THIRD AMENDMENT TO AMENDED AND RESTATED EXCLUSIVE NEGOTIATING AGREEMENT (“**Third Amendment**”) dated for reference purposes as of _____, 2023 (“**Third Amendment Effective Date**”) is entered into by and between the Peninsula Health Care District, a political subdivision of the State of California (“**District**”), PMB LLC, a California limited liability company (“**PMB**”), Generations LLC, an Oregon limited liability company (“**Generations**”), and MidPen Housing Corporation, a California nonprofit public benefit corporation. PMB, Generations, and MidPen are referred to collectively herein as “**Developer**” or “**Developers**”. The District and Developer are sometimes referred to individually herein as “**Party**” and collectively as the “**Parties.**”

RECITALS

A. The District and the Developer are parties to that Amended and Restated Exclusive Negotiating Agreement, dated as of October 21, 2021, as amended by that certain First Amendment to Amended and Restated Exclusive Negotiating Agreement, dated July 22, 2022, and as amended by that certain Second Amendment to Amended and Restated Exclusive Negotiating Agreement, dated January 9, 2023 (collectively, the “**Restated Agreement**”). The Restated Agreement amended and restated the Original ENA in its entirety, established terms and provisions to ensure coordination and cooperation between the District and each Developer to negotiate a Term Sheet during the Term Sheet Phase and a Ground Lease and DDA during the DDA Phase, and memorialized other agreements of the Parties in connection with the Project. All capitalized terms used but not defined herein shall have the meanings given to them in the Restated Agreement.

B. On or about June 23, 2022, the Board adopted Resolution No. 2022-11 authorizing Developer to initiate the entitlement process with the City of Burlingame based on Developer’s revised PWC 3.0 site plan attached to Resolution No. 2022-11.

C. Pursuant to the Restated Agreement, Developer is required to prepare and submit to the District a detailed proforma and financing plan that demonstrates the financial feasibility to develop and complete the Project. Developer is in the process of preparing a detailed proforma and financing plan for Developer’s revised PWC 3.0 site plan. Additionally, the Parties are in the process of negotiating, for Board consideration and approval, three (3) separate Term Sheets for each Component of the Project.

D. To allow the Developer additional time to prepare the detailed proforma and financing plan and for the Parties to continue negotiating the Term Sheets, the Parties desire to further amend the Restated Agreement to extend the Term Sheet Phase, in accordance with the terms set forth herein.

AGREEMENT

NOW, THEREFORE, in consideration of the foregoing recitals, the mutual covenants and agreements contained herein, and other good and valuable consideration, the receipt and

sufficiency of which are hereby acknowledged and approved, the District and Developer hereby mutually agree as follows:

1. Recitals. The foregoing recitals are true and correct and incorporated herein by reference.
2. Extension of Term Sheet Phase. To provide Developer the time needed to prepare and submit a proforma and financing plan for the Project and for the Parties to negotiate the Term Sheets, Section 2.1 of the Restated Agreement is hereby amended to provide that the Term Sheet Phase shall expire on August 15, 2023. The Developer and the District may mutually agree in writing, to extend the Term Sheet Phase by an additional thirty (30) calendar days without further amendment to the Restated Agreement. The District's Chief Executive Officer may approve such thirty (30) day extension on behalf of the District. All other terms and provisions in Section 2 of the Restated Agreement shall remain in full force and effect.
3. Miscellaneous.
 - a. Incorporation. This Third Amendment constitutes a part of the Restated Agreement and any reference to the Restated Agreement shall be deemed to include a reference to the Restated Agreement as amended by this Third Amendment.
 - b. Ratification. To the extent of any inconsistency between this Third Amendment and the Restated Agreement, the provisions contained in this Third Amendment shall control. As amended by this Third Amendment, all terms, covenants, conditions, and provisions of the Restated Agreement shall remain in full force and effect.
 - c. Successors and Assigns. This Third Amendment shall be binding upon and inure to the benefit of the respective successors and assigns of the District and the Developer.
 - d. Counterparts. This Third Amendment may be executed in any number of counterparts, each of which shall be an original and all of which together shall constitute one and the same document, binding on all parties hereto notwithstanding that each of the parties hereto may have signed different counterparts. This Third Amendment may be signed electronically via DocuSign or similar software, and delivery of pdf copies of signatures via email shall be deemed delivery of originals.
 - e. Integration. This Third Amendment contains the entire agreement between the parties hereto with respect to the subject matter of this Third Amendment. Any prior correspondence, memoranda, agreements, warranties or representations relating to such subject matter are superseded in total by this Third Amendment. No prior drafts of this Third Amendment or changes from those drafts to the executed version of this Third Amendment shall be introduced as evidence in any litigation or other dispute resolution proceeding by either party hereto or any other person, and no court or other body shall consider those drafts in interpreting this Third Amendment.

IN WITNESS WHEREOF, the Parties hereto have executed this Third Amendment as of the Third Amendment Effective Date.

DISTRICT

PENINSULA HEALTH CARE DISTRICT,
a political subdivision of the State of California

By: _____
Name: _____
Its: _____

By: _____
Name: _____
Its: _____

DEVELOPERS

PMB LLC,
a California limited liability company

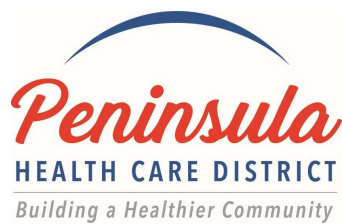
By: _____
Name: _____
Its: _____

GENERATIONS LLC,
an Oregon limited liability company

By: _____
Name: _____
Its: _____

MIDPEN HOUSING CORPORATION,
a California nonprofit public benefit corporation

By: _____
Name: _____
Its: _____



**CFO REPORT
APRIL 2023**

FY 23-24 BUDGET:

We are working on the FY 23-24 Budget. Drivers for the budget include the new Strategic Plan and PHCD's various programs: The Trousdale, Health & Fitness Center, PWC Development, and allcove Teen Mental Health. I have met with the different department managers to review the budget numbers. We still have a few more questions about the allcove program that we hope to resolve. There are no significant changes except for allcove being in its first year of operations. The draft budget will be presented to the Board either at the May or June meeting.

CEO TRANSITION:

We are slowly updating the paperwork for all banking, investment, and benefits accounts. We have finished updating our checking accounts at Heritage Bank and are either waiting or have submitted paperwork for the other accounts. In addition, access to various finance and HR programs and online logins have been updated to reflect the CEO transition.

Q3 FY22-23 PERFORMANCE / A FEW HIGHLIGHTS & ITEMS TO NOTE:

PHCD -

- San Mateo County tax revenue is \$6,157,940 YTD. Per the tax levy letter from the County of San Mateo dated October 11th, the 2022-2023 estimated property tax revenue is \$8.4M (\$600K better than budget).
- Leasing revenue is behind due to an accounting adj for GASB 87. The difference and additional income are recorded as interest income as part of the adjustment.
- Leasing expense, \$12K better than budget – There was one significant repair in February on the roof of the Sonrisas building for \$9,500. PG&E expenses have also gone up over the last few months. But overall, the repairs and maintenance are in line with the budget.
- Investment income is better than budget by \$2.4M, mainly from an accounting adjustment in leases for \$1.6M (not budgeted). In addition, investment income and unrealized losses on District portfolios are doing better than budget by \$781K.
- Community Health Investment Budget - \$1M remaining in budget. 2nd payment of the impact partnership grants will be distributed later in the year. Under special funding initiatives, there are unspent funds from the HepB Fee and COVID campaign budgets.
- General and administrative expenses – Utilities for the office are higher due to more in-person meetings, increased staff working in the office, and PG&E cost increases. IT is higher due to the transition to a new IT vendor. Most of the fees are one-time setup fees. Repairs are higher due to a significant electrical repair in the office for \$16K. All other expenses are on track. There will be a savings of \$300K in the Board Election budget as that was not needed.

The Trousdale -

- Operating Margin has a positive \$346K (before depreciation & interest expense), \$1.4M below budget. The budget variance includes salaries approved by the Board but not in the budget (\$134K for the year).
- 94.5 units occupied (15 behind budget). The year started with 4.5 occupied units less than budget. There were higher move-outs due to either death or acute care transfers.
- Hiring continues to be challenging. A staffing agency is currently used to fill in the gaps.
- Marketing and advertising costs increased due to a new marketing plan that the Board approved in February.
- Interest in the Community continues to be strong. There were 87 inquiries, and 39 tours were given in March.
- Currently, we have 7 deposits from potential residents.

Health & Fitness Center –

- Net Income is \$26.3K better than budget
- The number of members increased from 160 at the start of the fiscal year to 177.
- Massage therapy is picking up, with \$7,530 YTD in revenue.
- There is more attendance in the classes offered.
- Expenses are better than budget by \$23K, mainly due to a part-time staff position vacancy. The District Office Assistant has been helping the Center at the front desk. All other expenses are on track.
- The Center will start accepting insurance in June. The two insurance companies will be American Specialty Health and Optum.

The next Finance Committee meeting will be on May 9th @ 4 pm.



DATE: March 25, 2023
TO: PHCD Board of Directors
FROM: Eddie Flores, Director Youth Behavioral Health Programs
RE: Director's Monthly Report

allcove™ San Mateo Updates

Facilities Update: 2600 El Camino Real, San Mateo:

We have continued to work with the City of San Mateo planning department to obtain our official permits for the tenant improvements at 2600 El Camino Real location. We have updated and submitted additional requested documents of our contracts, floorplans, and responded to all formal inquiries' comments issued a second time from their office. Staff has been diligent about ensuring that all requested additions were submitted as well as its corresponding copies of documents. At this time, we are awaiting the full approval and issuance of permits in the next couple of weeks to be able to fully execute and issue the contractor a notice to proceed and a notice of expected completion.

In addition, staff have continued working on other matters concerning the location and moving the project forward. We have begun working with our facilities consultant, Ralph Barsi, in preparing the space via the property manager so that the building can successfully pass an air quality/asbestos air testing in preparation for demolition.

We have also worked on and submitted the project and requirements to the California Department of Industrial Relations. This is done in order to register all public works projects (PWC-100) and lists PHCD as the awarding agency of the project. This process – completion and submission – fulfills the required public works projects award notification as required by Labor Code sec.1773.3 and 8 Cal. Code Reg. sec. 1645(a). This is also done in order to ensure the appropriate payment to subcontractors for the tenant improvement work.

The contractor is excited to engage and ensure that the air quality testing for the site is completed this week in order to be able to be ready to proceed with full mobilization phase of the project and demolition phases, as soon as City permits are received and finalized.

Service providers/ partnering agency Contract Negotiations

Staff have continued to diligently work on the revision and service provider agreement with Caminar as well as a memorandum of understanding (MOU) of service terms. We have continued to have numerous discussion meetings on various aspects of the contract and service components.

As discussions have continued to take place in a very positive and productive direction, and item that was identified was the IP/Sublicensing agreement with Caminar, as our contracted service provided. Being that the California State Mental Health Commission (Mental Health Services Oversight & Accountability Commission – MHSOAC) is the sole proprietor of the logo, brand, and IP of allcove, the legal team from Caminar requested additional information to confirm usage of such during the grant period. Staff held meetings with MHSOAC legal team and have now understood that this will need to be a separate direct contract between Caminar and MHSOAC to ensure smooth IP rights and usage. Our legal counsel has been guiding and directing these conversations and we are currently finalizing those details in order to ensure that a fully agreeable document is produced and brought before the PHCD Board of Directors for approval.



The contract agreement between PHCD and Caminar will be a comprehensive legal document to be reviewed and approved by both PHCD Board of Directors and Caminar. This Service Agreement Contract will delineate the Service Providers within allcove™ San Mateo and will cover all the legalities related to the MHSAOC grant compliance, insurance requirements, HIPPA compliance and additional criteria related to service delivery. Caminar was also provided a copy of the very extensive contract that PHCD has with MHSAOC (State). At this time, we anticipate bringing this item at our May board meeting to finalize the contract with our service provider. Due to the nature of the lengthy document and reviewal from the Caminar legal team, this has required additional time to complete the full review. Staff and management and legal teams are working diligently on this task and prioritizing getting this approved in the coming weeks.

allcove™ Inaugural Statewide Conference

This past April 14th and 15th Jackie Almes, Youth Outreach Specialist, Eddie Flores, Director of Youth Behavioral Health Programs and Board Director, Dr. Henry Sanchez had the opportunity to attend both full days of the allcove statewide conference. The conference brought together experts and thought leaders from a variety of allcove center sites to discuss the latest trends and implementation strategies in the allcove model as well as explore other topics. Gathering under the theme of a “Moment of pause: Reflect, connect and inspire,” the *allcove conference* was an opportunity to do just that - reflect, connect and inspire one another. This conference allowed all of us the opportunity to get to know one another and featured knowledgeable keynote speakers, youth-led and co-designed sessions, implementation overviews and more.

This conference featured keynote speeches from prominent figures from The Foundry, which is a youth drop-in center modeled in Vancouver, BC, Canada covered relevant topics related to startup, implementation, design and other themes associated with the service model that allcove is bringing to our area.

In addition to the keynote speeches, there were also several breakout sessions where attendees could participate in more focused discussions and workshops. Everything from community engagement, model integrity, financial sustainability, communications & branding, etc. These sessions allowed for more in-depth exploration of specific topics and provided opportunities for attendees to network with others in their respective service areas.

PHCD/allcove San Mateo team also had an opportunity to co-present in several breakout sessions along with the Stanford Central allcove team. In addition, the CEO of Caminar, Mark Coultier (future service provider of allcove San Mateo) and CFO Ben Austin, Executive Director and Youth Clinical Director all attended the two-day conference in its entirety. We are extremely grateful for their time and commitment and experiencing this first inaugural conference with us all.

As an action follow-up step, PHCD will continue to join learning community workgroups that will be created so as to streamline and have virtual meetings that focus on the various service streams of the allcove fidelity model. We are also grateful to Starvista, One Life Counseling Services, and Edgewood Center for having had their respective staff attend both days of the conference. All of these agencies will serve as subcontractors to allcove. They were very excited to be able to learn more about the model and get to know all the key players. This was a perfect opportunity to meet and learn the background and the entire allcove model.

San Mateo Tobacco Control Education Policy Updates

POLICY UPDATES



Policy Updates

Local Updates

Burlingame – On April 3rd, the Burlingame City Council adopted an ordinance of the City of Burlingame which amended Chapter 8.18 of the Burlingame Municipal Code and established a temporary ban on smoking in the Broadway Business Improvement District through December 31, 2023; CEQA Determination: Exempt Pursuant to State CEQA Guidelines Sections 15378 And 15061(b)(3)

The meeting minutes have not been published at this time, but the meeting recording is [linked here](#).

San Mateo County -

The San Mateo County Board of Supervisors is considering updating the Tobacco Retailer Permit Ordinance to include several changes, including, but not limited to:

- Definition of “Tobacco Product” explicitly includes synthetic nicotine
- Definition of “Flavored Tobacco Product” and “Characterizing Flavor” to include tobacco products with a distinguishable taste and/or aroma
- Definition of “Tobacco Product” expanded to include “Electronic Smoking Device” and substances that may be used in such devices, including non-nicotine products
- No new tobacco retailers within 1,000 feet of youth-populated areas
- No new tobacco retailers within 500 feet of another tobacco retailer
- Fines up to \$1,000 for violating the Ordinance
- Mandatory permit suspension for tobacco sales to people under 21
- Annual inspections of each tobacco retailer to ensure compliance with terms of the permit
- Proposed annual permit fee increase from \$174 to \$423 to cover the cost of an annual inspection, reinspections, and complaints



The Board of Supervisors will discuss the proposed ordinance at their board meeting on **Tuesday, April 25, 2023 at 9:00 a.m.** The meeting will be held virtually (smcgov.org/bos) as well as in-person at the Board Chambers at 400 County Center, Redwood City, CA 94063.

More information can be found here: <https://www.smchealth.org/pod/environmental-health-services-fees>

State Updates

Assembly Bill (AB) 935: Tobacco sales: phased tobacco ban (Connolly): This bill would ban the retail sale of tobacco to any person born on or after January 1, 2007.

Update: Assemblymember Connolly Amends Bill to Close Loophole in Flavored Tobacco Ban, <https://a12.asmdc.org/press-releases/20230407-assemblymember-connolly-amends-bill-close-loophole-flavored-tobacco-ban>

On Tuesday April 11th, Assemblymember Damon Connolly (D-San Rafael) accepted amendments of AB 935 in the Assembly Health Committee. Per the website, “this bill will now close an enforcement loophole in the flavored tobacco ban (SB 793, Hill) which was upheld by 63 percent of voters in 2022 and remains a current law in California statute. AB 935 will authorize the California Department of Health (CDPH) and the Attorney General (AG) to enforce the flavored tobacco ban pursuant to Business and Professions Code Section 22950.5, also known as the Stop Tobacco Access to Kids (STAKE) Act. Currently, there is confusion among retailers regarding which products are prohibited. By authorizing CDPH and the Attorney General to enforce this important law, they will be able to provide uniform direction to ensure SB 793 is properly upheld and retailers have the information they need to stay in compliance with the law.”



DATE: April 25th, 2023
TO: PHCD Board of Directors
FROM: Jackie Almes, Youth Outreach Specialist
RE: Monthly Report – April 2023.

allcove™ San Mateo – Youth Advisory Group

This past month the YAG and I met twice. In our first meeting this month we focused on the design of allcove, this included looking at flooring samples (both hardwood and carpet) as well as cabinet finish samples. We have narrowed it down to a few options and plan to revisit this in our next meeting with the rest of the YAG members. Also involving the design - one of the furniture pieces no longer offers the fabric we originally chose. Due to this we had to go back and select a new fabric to go along with the other items. Some other items we addressed are the many events we have coming up for May Mental Health Month. This includes Star Vista's Mental Health Matters Walk and BHRS's Youth Committee Mental Health and Wellness Walk. We will be tabling at these two events to promote the opening of allcove and the YAG application. The YAG plans to attend both events to talk about their experiences on the YAG and what allcove means to them.

On Monday April 17th we had our most recent meeting. This meeting was filled with updates from the past weekend's allcove conference. Along with other updates on the two events we are tabling. Another item we talked about is our YAG application. Our YAG application is now open for the 2023-2024 cohort. We are looking to have a very diverse YAG of 18 members. To help spread the word the YAG members plan to share the application with their peers and their school. I have also shared the application with CBO's we have worked with as well as all schools within our district bounds. Also, during our meeting, we started discussing the allcove grand opening. They had a ton of great ideas for the opening, and we have plans to have them very involved in every step of the planning process. During our discussion they started brainstorming ways to spread the word for the opening like going to all of the shops on 25th and seeing if they are willing to have our flyer up in their space. Another idea was to invite all of the YAG's from other CBO's and allcoves within the Bay Area. We will continue to talk about the grand opening in all of our upcoming meetings.

Since May is recognized as Mental Health Awareness month the YAG wanted to do something to spread awareness. In this past meeting we talked about writing an article together as a group to release during the month of May. For the last half of the meeting, we took the time to talk about statistics and what they see with their peers and in their schools. We put all of those ideas and thoughts down on a google doc and will be continuing to write the article and plan to release it in the month of May.

On April 14th and 15th six YAG members and I attended the allcove conference. Two of our YAG members were the MC's and helped to guide the flow of the conference. They were very involved throughout the planning process and volunteered to also be a part of the youth MC's.



The conference consisted of keynote speakers from Foundry, breakout sessions regarding the service streams and allcove model components, community building activities and more. I helped facilitate the community building involving youth only. This was an hour and half event following the conference where we played jeopardy and did karaoke, it was a great time for the youth to connect and brought us all closer together as a network. Another session I helped facilitate was a session on youth engagement alongside two folks from Stanford. The conference was a great time to connect with other allcove centers and form connections. It also helped us dive deeper into the allcove model. Following the conference, the other Youth Outreach Specialists plan to meet once a month to further this connection and build off of each other with the YAG work we all do. Overall, the YAG members that attended the conference loved the opportunity to meet other youth from allcove YAG's and want to continue the conversation.

PHCD

To help with outreach and recruitment for allcove and the YAG this month I created a spreadsheet that includes all high schools within our district. The list includes basic information on the school like location and principle along with a point of contact. Following the creation of the list I sent out an e-blast to all of the contacts to let all the schools know we are currently recruiting for our YAG.

As we get closer to the opening of allcove we have begun creating our planning committee and plan to meet with the Caminar team every two weeks to move this forward. To keep us organized and on track to have our grand opening this coming fall I created some to do lists as well as questions to answer and vendors to look into. The YAG will be very involved throughout this process.

Outside trainings/partnerships

This past month I attended two different events in the community. The first was the Grand Reopening of the Pride Center. It was a great opportunity to connect with the Pride Center and the community. It also gave me insight into ideas for our allcove Grand Opening. They had resource tables from all of their partners including Star-Vista, Outlet, and Peninsula Family Services.

The other event I attended was held by the San Mateo County Office of Education called the Post-Pandemic Mental Health Cohort. It included counselors from all schools in the county, clinicians and CBO's. The event involved a keynote speaker, breakouts, workshops and time to connect with those at your table. I was able to connect with two other school counselors and give them information about allcove. They were very impressed with the program and look forward to the opening of allcove. These events/workshops are part of a series of meetings that will take place approximately once a month. I plan to continue attending these meetings to connect with the community and other school counselors for outreach and also to find ways we can help each other in the future.

Figure 1: the YAG and I at the allcove Conference



Figure 2: YAG member - MC





Peninsula Health Care District Health & Fitness Center

CENTER DIRECTOR REPORT APRIL 2023

I. FITNESS CENTER OPERATIONS

- A. Total members as of April 17th: 175
- B. New equipment: 3 Lifefitness Integrity upright bicycles (from capital budget)
- C. Outreach
 - 1. Seniors at Home: Understanding Long Term Care Landscape Webinar
 - 2. National Institute on Aging: What's on Your Plate Booklet
 - 3. National Institute on Aging: Get Fit for Life Booklet

II. FITNESS INSURANCE REIMBURSEMENT PROGRAM INFORMATION

A. Program Overview

- 1. Provides free or discounted fitness memberships to eligible members
- 2. Facility waives initiation fees
- 3. Facility reimbursed based upon monthly membership packages
- 4. No application or start up fees/costs to facility
- 5. Participating facility is marketed on program websites which drives engagement via marketing materials
- 6. 1-2 year initial commitment

B. Optum

1. Renew Active/ One Pass Medicare & Medicaid

- a. Medicare plan holders (ages 65+) & Medicaid plan holders insured by United Healthcare and other insurance providers
- b. Flat rate of \$40 per member, per month with only one check-in required per month

2. One Pass Commercial

- a. Individuals (ages 18-64) who are insured through their participating employer
- b. Flat rate of \$56 per member, per month with only one check-in required per month

C. American Specialty Health

1. Silver & Fit

- a. Individuals (ages 65+) on contracted Medicare health plans, which includes Kaiser
- b. Flat rate of \$40 per member, per month with only one check-in required per month

2. Active & Fit

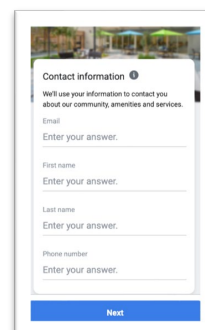
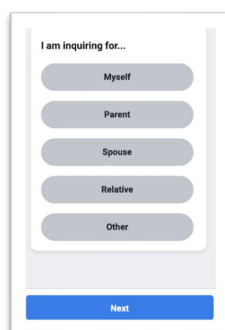
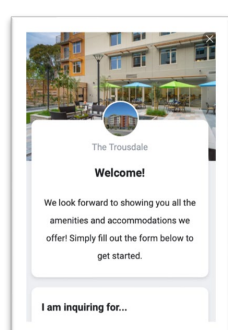
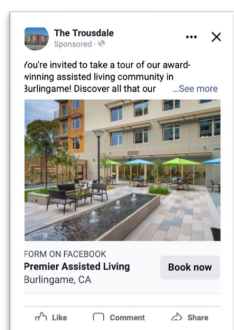
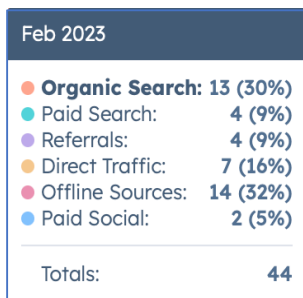
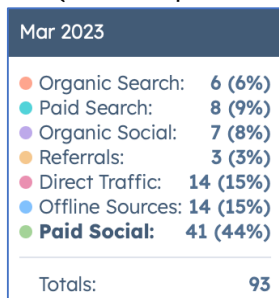
- a. Individuals (ages 18-64) on healthcare plans, employer groups, membership organizations and direct consumer purchase
- b. Flat rate of \$56 per member, per month with only one check-in required per month



DATE: April 18, 2023
 TO: Board of Directors
 FROM: Stephanie Arevalo Rodriguez, Director of Business Operations
 SUBJECT: The Trousdale Assisted Living Marketing Update

Lead Generation

93 leads in March compared to 44 leads in February. Overall lead generation doubled over the last month driven by a large boost in leads from Paid Social advertisements due to the launch of a Facebook lead form. (See example below)



Tours: 44

Move-ins: 4

Moveouts: 2

Lead generation from initial add-in database to move in.

Created: 2/8/2023 Moved in: 3/8/2023 Lead Source: Google Search-1 month

Created: 3/22/2021 Moved in: 3/10/2023 Lead Source: TT community event 2021-2 years

Created: 8/16/2022 Moved in: 3/18/2023 Lead Source: Family Referral- 6 months

Created: 3/12/2023 Moved in: 3/22/2023 Lead Source: Referral Agency- 10 days

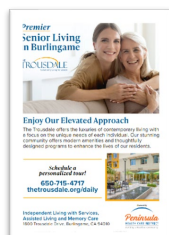
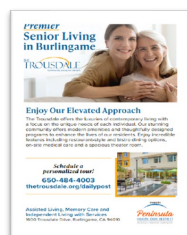
Print Advertisement Results over the last month.

March Direct Mailer – 7 Calls

Palo Alto Daily Post – No Calls

San Mateo Daily Journal – 4 Calls

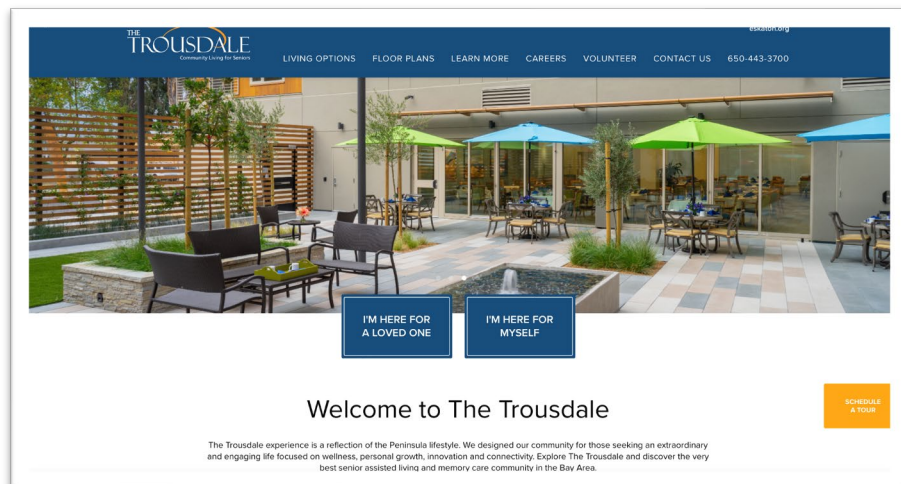
Campaign Launch 3/8 PA Daily Journal & SM Daily Journal Quarterly Direct Mailer 3/16





Trousdale Website

A new design and ADA compliance website was launched.



Community events

- End of Life Lectures – 5-part series delivered by the Eskaton Foundation
 - Lunch & Learn – Discover The Trousdale
-

Dear SMC Health partners,

March has marked 3-year anniversaries of some of the earliest COVID-19 public health actions that were required at the local and State levels, and I echo the thanks that our Board extended at their meeting on March 14th to all of our community partners for the roles you have played and continue to further our community's health and well-being.

The wastewater data that our public health team is monitoring suggest that the risk of getting infected by COVID remains moderate. The virus concentration levels have been lower than the recent winter peaks (November – January), but still higher than a year ago. While vaccinations continue to protect most from severe disease, there are between 20 and 30 people per day hospitalized with COVID. The number of deaths this winter was significantly fewer than the previous two.

Following the February 28 end of State and local public health emergency orders, the State issued revised guidance that will be effective April 3, no longer requiring masking in high-risk and healthcare settings. Facilities will be making decisions for their respective operations and sharing with staff, patients and visitors. Also, a person who tests positive may end isolation after five days if they feel well, have improving symptoms, and are fever-free for 24 hours.

As we wrap up our final school-based vaccine clinics targeting the populations that have been disproportionately impacted by COVID-19, individuals can continue to access vaccines through healthcare providers and pharmacies. California and the federal government have taken actions to maintain coverage for vaccination for those enrolled in Medi-Cal, a commercial insurance plan or Medicare. As of March 22, 2023, 262,755 residents (representing 34% of the population) have received the updated COVID bivalent booster. This booster, which targets both the original virus strain and the Omicron variant and its subvariants, provides the greatest protection against the most severe impacts of COVID, so we encourage all eligible persons, especially adults aged 65 years and older to receive the bivalent booster dose. Currently, 52% of residents 65 years and older have received this booster. As shared in last month's update, County Health has reassessed local data dashboards, retiring some and updating others, to better reflect our current and most relevant understanding of the presence of the virus and disease severity being experienced. In addition, we will now sunset local vaccination dashboards and refer to data made available by the State. The State provides vaccination data dashboards from San Mateo County across age, race/ethnicity, and equity measures, in addition to data at the zip code level.

In this phase in which pathways for vaccination, testing and treatment will be defined by one's health insurance, I want to express appreciation for our Human Services Agency colleagues who are working with clients, our County Health teams and partners to reach the residents insured through Medi-Cal to complete the annual redetermination process that is resuming after a three-year suspension. This is a vital part of assuring equitable access to healthcare in our community.

All together better,
Louise Rogers

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APR 04 2023

March 2023

BY: _____

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Dear David,

Thank you for partnering with us to serve our neighbors experiencing homelessness.

Our community was challenged with the continuing effects of the pandemic, the lack of affordable housing, and economic insecurity. With your support, our clients have opened many doors to better futures.

Through visionary leadership, our Chief Executive Officer Aubrey Merriman, is leading with new initiatives and partnerships. Your support helped position LifeMoves to meaningfully contribute to Silicon Valley's health and vitality — now and into the future.

Here's what you helped make possible last year:

- **7,000 people** served across our **26 sites**.
- **82% of families** successfully transitioned to stable housing.
- Clients receiving a full suite of **wraparound supportive services** including therapy, employment readiness, childcare, and housing search assistance.
- Planning for **five new interim housing communities** that will annually serve close to 2,100 additional people experiencing homelessness.

This year, with your engagement, we will continue to connect even more families and individuals to services so they can transition to safe, permanent housing.

Thank you for your commitment to our unhoused neighbors.

We have big plans in the year ahead and look forward to sharing exciting new developments with you.

With gratitude,



Shannon Petrello
Chief Philanthropy Officer

P.S. I invite you to join us for a tour of one of our sites, or to join us as a volunteer. Please email development@lifemoves.org if you want to learn more.



BOYS & GIRLS CLUBS
OF THE PENINSULA

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401 Pierce Road
Menlo Park, CA 94025
(650) 646-6132
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March 15, 2023

Peninsula Health Care District
Attn: Ann Wasson
1819 Trousdale Dr
Burlingame, CA 94010

Dear Ann,

Thank you for Peninsula Health Care District's recent gift of \$15,000 received on 3/1/2023 to support the students of Boys & Girls Clubs of the Peninsula!

With your support, BGCP is empowering the youth in our community to thrive. For Makayla Miller, BGCP has been a place where she connected with mentors and explored and enhanced her passions. She joined BGCP in 8th grade and quickly became involved on the dance team where she was able to express herself authentically. Through her work in Future Grads, she completed her Associate for Transfer BA and will pursue a career in public policy at UCLA. Listen to Makayla's story [here!](#)

BGCP is now the largest out-of-school-time youth developer in San Mateo County. We are on track to serve over 3,500 students at 24 sites from East Palo Alto to Daly City. We are thrilled to expand programs for youth like Makayla across the entire county and look forward to sharing more throughout the year.

Our ability to deepen our impact in the community is made possible by your partnership. Thank you for being an important part of Team BGCP!

With appreciation,

Tina Syer
Chief Advancement Officer



In accordance with IRS regulations, the Boys & Girls Clubs of the Peninsula (Charitable Organization ID# 94-1552134) confirms that no goods or services were provided in exchange for this contribution.

**NOTICE OF PREPARATION
DRAFT ENVIRONMENTAL IMPACT REPORT FOR THE
CRESTMoor, 300 PIEDMONT AVENUE PROJECT**

RECEIVED 50

APR 07 2023

BY: _____

Date: April 10, 2023

Comment Period: April 10 – May 11, 2023

In accordance with the California Environmental Quality Act (CEQA) and CEQA Guidelines Section 15082, the purpose of this Notice of Preparation (NOP) is to inform interested parties that the City of San Bruno acting as the Lead Agency is preparing a Draft Environmental Impact Report (EIR) for the 300 Piedmont Avenue Project (project). SummerHill Homes proposes to redevelop the approximately 40.2-acre former Crestmoor High School site located at 300 Piedmont Avenue (the “project site”) in the City of San Bruno (the “City”) with a new 155-lot single family detached home community with associated open space and infrastructure. The City is requesting comments on the scope and content of the EIR. For each responsible and trustee agency, we need to know the views of your agency as to the scope and content of the environmental information that is germane to your agency’s statutory responsibilities in connection with the proposed project. Your agency will need to use the EIR prepared by our agency when considering your permit or other approval of the project. The project description, location, and potential environmental effects are contained in this NOP.

Scoping Meeting: The Planning Commission will hold a Scoping Meeting on April 18, 2023, at 6:00 p.m. to receive written and oral comments on the scope of the EIR. The meeting will be held at the San Bruno Senior Center, 1555 Crystal Springs Road, San Bruno, CA 940066. The meeting can also be attended remotely via zoom. Zoom information will be posted on the meeting agenda which will be available after 5pm on April 14, 2023, at: <https://www.sanbruno.ca.gov/AgendaCenter>.

Comments: This NOP is being circulated for a 30-day comment period beginning on April 10 and ending 5:00 p.m. on May 11, 2023. For responsible and trustee agencies, due to the time limits mandated by State law, your response must be sent at the earliest possible date but not later than 30 days after receipt of this notice. Please send comments, along with the contact person in your agency, to:

City of San Bruno
Community and Economic Development Department
Attn: Michael Smith
567 El Camino Real
San Bruno, CA 94066
Email: msmith@sanbruno.ca.gov

Project Location and Description: The project site is located on one parcel (assessor’s parcel number 019-170-020). The project involves redeveloping the approximately 40.2-acre former Crestmoor High School site located at 300 Piedmont Avenue in San Bruno (see Figure 1). Existing single-family subdivisions neighbor the project site to the north, west, and south, with a wooded hillside buffer that would remain in place to the west.

The project would involve demolition of the existing structures on the site and establishment of a new 155-lot single family detached home community with associated open space and infrastructure. One neighborhood would include 4-bedroom homes ranging in size from approximately 1,900 to 2,300 SF of living space with typical lot sizes of 3,000 SF. The second neighborhood would include 4-bedroom homes ranging in size from approximately 2,200 SF to 2,700 SF of living space with typical lot sizes of 2,850 and 3,375 SF.

The project would provide a total of approximately 18.72 acres of publicly accessible open space. Of this acreage, the City would own and maintain approximately 6.4 acres. The project would set aside approximately 12.32 acres of privately owned publicly accessible open space that would be owned and maintained by the Homeowners Association (HOA). A ring road would provide circulation around the perimeter of the project site, with east/west drives throughout. Additionally, the City proposes to develop a portion of the City-owned acreage into recreational facilities, including a multi-use soccer field with permanent lighting. Stormwater treatment facilities for the residential portion of the project would be primarily constructed in an easement within the City-owned acreage. Other smaller facilities would be located elsewhere within the site.

The EIR will also evaluate a variant to the proposed project. In the variant, the residential component of the project would be unchanged and the City would still develop a portion of the City-owned acreage into recreational facilities, including a multi-use soccer field with permanent lighting. The differences between the project and the variant would be that, in the variant: the City would own and maintain all of the project property east of Courtland Drive, except for common area parcels that provide church access, plus 4.64 acres of wooded slopes, totaling approximately 12 acres of public open space (with no additional privately owned publicly accessible open space); and the primary stormwater treatment basin for the residential project would be located within a triangular shaped .75-acre parcel on private property that would be owned and maintained by the HOA, as opposed to location within an easement on City-owned property. Additional project information is available at <https://www.sanbruno.ca.gov/844/Crestmoor-300-Piedmont-Avenue>.

Probable Environmental Impacts of the Project: It is preliminarily anticipated that the EIR will address the following probable environmental impacts of the project:

Aesthetics: The EIR will focus on potential conflicts with zoning and other applicable regulations governing scenic quality, potential environmental effects to scenic vistas and scenic resources, including along Interstate 280, a state designated scenic highway, as well as nighttime lighting from the residential development and lighting use in the recreational area.

Air Quality: The EIR will address the regional air quality conditions in the Bay Area and discuss the project's consistency with the applicable air quality plan and impacts to local and regional air quality and other emissions such as odors. The EIR analysis will consider sensitive receptors (e.g., nearby residential neighborhoods) and the potential health impacts of project-generated air pollutants.

Biological Resources: The EIR will identify candidate, sensitive, and special-status species, riparian habitats and other sensitive natural communities, and other sensitive resources and the potential for impacts to those resources during construction and buildout. The EIR also will discuss conflicts with any local policies or ordinances protecting biological resources.

Cultural and Tribal Cultural Resources: The EIR will analyze historic, archeological, and tribal cultural resources impacts and the potential to encounter human remains, although the site has been extensively graded and modified. The EIR will consider the potential impacts to built resources on and near the site. Consultation pursuant to Assembly Bill 52 and Senate Bill 18 will be summarized.

Energy: The EIR will evaluate the potential for the project to result in in wasteful, inefficient, or unnecessary consumption of energy resources during construction and operation. The EIR will address any conflicts with state or locals plans for renewable energy or energy efficiency.

Geology and Soils: The EIR will examine potential geologic hazards, such as fault rupture, strong seismic ground shaking, seismic-related ground failure, landslide, slope stability (such as lateral spreading, subsidence, liquefaction, collapse), and expansive soil. The EIR also will address impacts to paleontological resources.

Greenhouse Gases (GHG): The EIR will evaluate construction- and operation-related GHG emissions associated with the project as well as the project's consistency with applicable GHG-related plans and policies.

Hazards and Hazardous Materials: The EIR will include discussion of potential risks the project poses to the public, if any, including any potential emission of hazardous substances, transportation of hazardous materials required during both construction and buildout of the project, and risk of upset and accident conditions involving the release of hazardous materials. The EIR also will discuss the consistency with applicable Airport Land Use Plans.

Hydrology and Water Quality: The EIR will discuss the project's consistency with water quality standards and waste discharge requirements and analyze whether any impacts to surface water or groundwater quality would occur as result of the project. The EIR will discuss any impacts to groundwater supplies and recharge; impacts to existing drainage patterns that could result in erosion, flooding, exceeding capacity of existing drainage systems, or impeding or redirecting flood flows.. The EIR also will discuss conflicts with any water quality control plan or sustainable groundwater management plan.

Land Use and Planning: The EIR will examine whether the project would physically divide an established community or cause significant environmental impacts due to any conflicts with applicable land use plans, policies, or regulations adopted for the purpose of avoiding or mitigating environmental effects.

Noise and Vibration: The EIR will include noise and ground borne noise and vibration exposure analysis during activities at the sports field and from construction and buildout of the residential community. The analysis will also include traffic noise.

Population and Housing: The EIR will analyze whether the project would induce substantial unplanned population growth in the project vicinity and surrounding areas.

Public Services & Recreation: The EIR will address the availability of public services (e.g., police and fire protection, schools) and recreational facilities and the potential for the project to result in significant impacts associated with construction of new or physically altered facilities in order to maintain acceptable service ratios, response times, or other performance objectives.

Transportation: The EIR will address whether the project will conflict with a program, plan, or policy addressing the circulation system, including roadway, bicycle, transit, and pedestrian facilities in the vicinity of the project site. The EIR will evaluate impacts related to changes in vehicle miles traveled (VMT). The EIR also will evaluate potential transportation safety impacts and the adequacy of emergency access.

Wildfire: The EIR will analyze whether the project would result in exacerbated wildfire risk.



MISSION HOSPICE & HOME CARE

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APR 14 2023

BY: 

March 29, 2023

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1819 Trousdale Dr
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Dear Friends at Peninsula Health Care District,

We are so grateful for your kind grant of \$82500, dated 3/13/2023.

Your thoughtful gift supports personalized, compassionate end-of-life care above and beyond what Medicare will reimburse, as well as free grief support and educational programs for our community.

As the last remaining independent nonprofit hospice in the area, Mission Hospice relies upon your generosity.

Whether we're supporting people in their own homes, in facilities, or in our hospice house, Mission House, we help families make the most of their time together.

When my dad was sick and Mission Hospice entered our lives and our home, I was blown away by the exquisite, comprehensive care he received – and that we received.

On behalf of all current and future Mission Hospice patients and families, thank you for your kindness.

Warm regards,



Marsha Eddleman
Development Director

We are so grateful for your continued support and generosity. Thank you, Marsha

Please consider this letter as the official receipt of your tax-deductible contribution. No goods or services were provided to you in consideration of this gift. Mission Hospice & Home Care is a 501(c)(3) tax-exempt organization, IRS Section 170(b) (2) (iii) for both federal and state tax purposes. Our federal tax identification number is 94-2567162.



COMMUNITY OVERCOMING
RELATIONSHIP ABUSE

Cheryl Fama, CEO
Peninsula Healthcare District
1819 Trousdale Drive
Burlingame, CA 94010

RECEIVED

APR 14 2023

BY: 

Dear Cheryl,

Thank you so much for partnering with CORA to help end intimate partner abuse. It is the collective support from our community, and beyond, that allows us to continue our critical services offered to the victims of domestic abuse, including women, teens, children and men.

With your generous grant, you are supporting an organization with a deep history in our community and the only one of its kind in San Mateo County offering comprehensive, wrap-around services including: Legal Services; Housing and Advocacy; Family-centered Mental Health Services; Crisis Support Services (including a 24-hour hotline); and Community Education and Prevention.

Thank you for choosing to shine a light of hope and believing that change is possible. This funding truly makes a difference as the stats are staggering: 1 in 4 women, 1 in 7 men and 1 in 2 transgender individuals will experience domestic violence in their lifetime. However, because of this wonderful support, the future of our shared community will be brighter.

With Gratitude,



Karen Ferguson, PhD
Chief Executive Officer

Grant Amount: \$45,000
Date: March 1, 2023
EIN: 94-248118

Because we are a registered 501(c)3 organization, your donation is completely tax deductible. Please keep this for your tax records to claim your deduction. No goods or services were made in exchange for this donation.

Thank you so much for your ongoing support!
— K

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800-300-1080 (24-hr hotline)
www.corasupport.org