



BOARD OF DIRECTORS MEETING MINUTES Thursday, July 24, 2025 1819 Trousdale Dr. Burlingame, Ca 94010 (Classroom)		
<u>Directors Present</u> Chairman Cappel Vice-Chairman Pagliaro Secretary Sanchez Director Zell Director Navarro	<u>Directors Absent</u>	<u>Also, Present</u> Colleen Chawla, Chief, San Mateo County Health, and Peter Shih, Senior Manager of Delivery System Planning, San Mateo County

1. Call to Order: Chairman Cappel called the meeting to order at 6:30 pm. Roll call attendance was taken. A quorum was present.

2. Public Comment on Non-Agenda Items: No public comments offered

3. Report Out From Closed Session: 7/24/2025:

Chairman Cappel stated that a closed session was held earlier in the evening, during which the Board approved a settlement with the defendant, Robert Boeger Plastering, Inc., in the District’s case regarding defective construction at the Trousdale facility. The defendant will pay the District \$750,000 as a full settlement of all claims. Chairman Cappel further reported that the Board authorized CEO Pulido to execute the settlement agreement in line with these terms. He also expressed gratitude on behalf of the Board to Vice-Chairman Pagliaro for his significant efforts in securing the settlement, noting his participation in numerous inspections, mediations, and court proceedings, and highlighting his decades of experience as a construction law attorney that greatly benefited the District.

4. Consent Calendar:

- a. Board Meeting Minutes – June 26, 2025
- b. Checking Account Transactions – June 2025
- c. Treasurer's Report – June 2025
- d. Q4 FY 2024-2025 Investment Report
- e. Government Code Section 53065.5, Annual Disclosure of Reimbursements over \$100

Vice-Chairman Pagliaro inquired about a \$76,800 payment to the San Bruno Park School District, as noted on page 12 of the Board packet.

CFO Yee responded that the payment represented the second installment of the Impact Partnership Grant.

Motion to Approve Consent Calendar as Presented

Motion: By Director Sanchez; Vice-Chairman Pagliaro

Vote: Ayes - Cappel, Pagliaro, Zell, Navarro, Sanchez

Noes: 0

5. Business:

a. Introduction to New Chief of San Mateo County Health: Colleen Chawla, Chief, San Mateo County Health, and Peter Shih, Senior Manager of Delivery System Planning, San Mateo County

Presentation Highlights

County Health Facts

- Fulfill health function for entire county and interact with 100,000 residents per year
- \$1.4 Billion Annual Budget
- Only 16% of funds come from the County
- 2,330+ employees & 600+ contracted partners
- 13 Divisions and Teams

San Mateo Health Mission in Action

- Preventing Health Problems
- Monitoring the Environment and Promoting Community Health
- Providing a Continuum of Care
- Serving the Most Vulnerable Residents

Key Priorities For FY 2025-27

- Monitor and respond to changing federal and state health policy that impacts local programs and services.
- Continue to implement multiple significant new state behavioral health policies (e.g., SB 43, Prop 1, Prop 36)
- Continue to implement CalAIM and prepare for successor to CalAIM
- Keep pace with demand of caseload growth in Adult Protective Services and In-Home Supportive Services
- Respond to needs of unhoused residents in coordination with County and community partners

Key Priorities For FY 2025-27

- Electronic Health Record implementation to expand use throughout County Health
- Expand and Upgrade County Health facilities
 - 37th Ave Health Campus (San Mateo)
 - North County Wellness Center (SSF)
 - Women, Infant and Children (San Mateo)
 - Behavioral Health (RWC)
- Work with County partners to support the establishment of the Family Justice Center (San Mateo)

Potential Areas Of Mutual Interest Or Partnership

- Impacts of State and Federal policy changes
- Reducing Homelessness
 - NIMBYism
- Increasing access to Behavioral Health Services
 - Crisis Services
 - NIMBYism
 - Tower Rd Campus
- Expanding prevention education and access to Dental Services
 - Oral Health Coalition
 - Sonrisa

Q & A with Colleen Chawla

Director Zell expressed his appreciation for the presentation and highlighted key areas where the District and County could strengthen collaboration. He contrasted the County's large budget with the District's more modest \$10 million, noting that while resources are limited, the District's smaller size allows for faster, more flexible action. He pointed to the District's rapid \$3 million contribution to launch the County's COVID site as an example of this responsiveness.

He emphasized the value of partnership, specifically urging improvements in coordination with Sonrisas and stressing the importance of dental care in reducing emergency room visits. He also brought attention to allcove, the District's youth mental health center for ages 12–25, suggesting it presents a strong opportunity for early intervention and joint efforts to prevent long-term issues like homelessness and substance abuse.

Additionally, he mentioned the District's housing initiative for individuals with developmental disabilities, which helps families stay connected by keeping housing local. Director Zell concluded by positioning the District as a nimble partner that can pilot new

ideas or conduct efficiency studies to support County-wide improvements, especially important in light of potential future budget constraints.

Director Sanchez asked Ms. Chawla how she sees the Healthcare Districts partnering with the County, particularly considering shifting in federal and state funding.

Ms. Chawla responded that the Districts are key partners due to their agility and strong local ties, and that aligned priorities create opportunities for collaboration and shared impact.

Director Sanchez then asked about efforts to reduce avoidable Emergency Department use.

Mr. Shih explained that limited access to timely primary care is the main issue. He outlined current strategies, including an urgent care pilot on the coast, implementation of the Epic EHR system for self-scheduling, and workforce initiatives such as loan forgiveness and exploring staff housing to support recruitment and retention.

Director Sanchez asked about the County's approach to mobile care for individuals without stable access to services, referencing models where medical teams provide care directly in the field. He inquired about current efforts and future plans to expand this type of outreach.

Mr. Shih responded that the County operates a daily field-based care team and uses two large mobile clinics converted from buses. He noted partnerships with groups like Healthcare in Action, which staffs the clinic at the Navigation Center and conducts its own outreach. He added that the County coordinates with all partners to ensure broad coverage and is open to collaborating with additional providers interested in serving unhoused or hard-to-reach populations.

Director Navarro shared a personal story from his medical career to highlight the importance of preventive care. He described a case involving a young autistic man who, due to delays in dental treatment, developed a severe spinal infection leading to permanent neurological damage. Director Navarro emphasized the contrast between the low cost of early dental care and the significant financial and personal toll of delayed treatment. He described it as a preventable tragedy and a clear sign of systemic failure.

Mr. Shih agreed with Director Navarro's point and noted that it ties into a major focus of the Oral Health Coalition. He explained that a major barrier to expanding dental care is the shortage of Registered Dental Assistants, even when dentists are available. To address this, the County is exploring a local workforce pipeline by partnering with community colleges to expand RDA training programs. He emphasized the goal of training students from underserved areas to return and work in their own communities. He

identified this as a potential area for collaboration with the Healthcare District, including possible support through scholarships or similar efforts.

Director Sanchez asked how frequently the County produces its community health reports and highlighted their value in guiding responsive priorities.

Ms. Chawla explained that while the standard cycle is every five years, they aim to align with hospitals that follow a three-year schedule. She noted a new assessment process is about to begin, which will inform both a community health improvement plan and the County's internal strategic planning.

b. Strategic Plan Update: Ana M. Pulido, Chief Executive Officer, PHCD

CEO Pulido presented the Quarterly Strategic Plan Report.

Report Highlights

Preventive Health

- Launched the Detera Drug Deactivation Pouch initiative, an educational mailer campaign to reduce medication misuse, featuring safe disposal tools and local resource information.
- The Board approved the Blue Zones Health Assessment report, and recruitment is now underway for both the steering committee and community planning team members.
- Collaborated with SMUHSD and Taylor Foundation to screen 233 youth; 1 required medical follow-up. Event covered by KRON4, NBC Bay Area, and Telemundo 48.
- Scheduled the first annual Age Well Health Fair for August 9, 2025, offering free screenings for BMI, bone density, glucose, lung function, and Hepatitis B. Partners include Chinese Hospital, Breathe California, and HepB Free.
- Added Tai Chi, Line Dancing, and Barre fitness classes to meet the cultural and physical needs of older adults, increasing engagement and participation.
- PHCD Health & Fitness Center was awarded "Best Gym" in the Bay Area by SFGATE's Best of the Bay, recognizing its inclusive, senior-focused programming.

Mental Health

- allcove recorded 776 visits, 260 service visits, hosted 50 events, welcomed 151 event attendees, and enrolled 47 new youth in its programs. Boosted community visibility with
- targeted ads on SamTrans buses and banners in key areas of San Mateo.
- Summer events were co-designed using feedback from 147 youth; 77 signed up for the planned activities.

- Recognized with the Community Impact Award from Jobs for Youth for advancing youth mental health and wellness.
- Pursuing additional billing opportunities through Drug Medi-Cal and school-based programs to support long-term sustainability.
- Recruited 18 new members to the Youth Advisory Group (YAG), growing the team to 25 youth leaders.

Dental Health

- Conducted oral health screenings for 764 children, promoting early detection and dental care awareness.

Integrated Services

- The Impact Partner renewal period is now underway, with renewal applications submitted by Samaritan House, Age Up, and the Stanford Teen Van.
- The Trousdale led 189 tours in the last quarter, offering prospective residents and families a firsthand look at its integrated health and wellness service

6. Reports:

a. Board Chair and Director Reports

7/21 Community Health Investment Committee Meeting

CEO Pulido confirmed that the Board will meet on August 28th, instead of September, due to the ACHD conference.

Director Navarro noted he may join remotely.

Counsel Hudak advised that if attending via Zoom, Director Navarro must disclose his location.

7. Correspondence and Media:

a. Thank you Letter from PVI

8. Adjourn: 7:30 PM

Written by: Voula Theodoropoulos

Approved by: Lawrence W. Cappel Board Chairman

